



My Main Squeeze Menu

<https://menulist.menu>

48 Shaker Rd, East Longmeadow, MA, 01028, United States
+14135252533 - <https://mymainsqueezejbar.com>



The menu of My Main Squeeze from [East Longmeadow](#) includes **19** dishes. On average, **dishes or drinks on [the menu](#)** cost about \$3.1. The categories can be viewed on the menu below.

My Main Squeeze Menu



Drinks

SMOOTHIES

Soft Drinks

JUICE

Toppings

TOPPINGS

Beverages

JUICES

Booster Shots

IMMUNE BOOSTER SHOT \$2.3

Special Drinks

WHEATGRASS SHOT \$2.3

Shot

GINGER SHOT \$2.3

Juices & Shots

LEMON SHOT \$2.3

Smoothies

MANGO-GO SMOOTHIE \$4.8

STRAWBANANA SMOOTHIE \$4.8

SMOOTHIE

Protein Bars

PROBAR COFFEE CRUNCH \$3.0

PROBAR- COCONUT CASHEW POP \$2.8

PROBAR BANANA NUT BREAD MEAL \$3.5

PROBAR ALMOND BUTTER POP \$2.8

Ingredients Used

BUTTER

HONEY

PEANUT BUTTER

KALE

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Longmeadow, MA, 01028, United
States

Opening Hours:
Monday 08:00-15:00
Tuesday 08:00-15:00
Wednesday 08:00-15:00
Thursday 08:00-15:00
Friday 08:00-15:00
Saturday 08:00-15:00

Made with menulist.menu

