



**oliday menu is up!  
mbgkitchen.com**

## ***My Belizean Gourmet Menu***

<https://menulist.menu>  
1122 Teaneck Rd, Teaneck, NJ 07666, USA, United States  
+19174809824 - <https://www.mybelizeangourmet.com/>



The menu of My Belizean Gourmet from Teaneck includes **40** dishes. On average, **dishes or drinks on [the menu](#)** cost about \$7.1. The categories can be viewed on the menu below.

# My Belizean Gourmet Menu



## Entrées

BUFFALO WINGS

## Pasta

MAC N' CHEESE

## Chicken

BUFFALO CHICKEN

## Sauces

BBQ

## Chicken Dishes

BBQ CHICKEN

## From The Grill

RIBS

## Main

PULLED PORK

## Tapas Frías - Kalte Tapas

JAMÓN IBÉRICO

## Chicken Wings

WINGS

## American Food

MAC AND CHEESE

## Starches

YELLOW RICE

\$3.0

## Smiths Option

N/A

\$1.0

## Shrimp & Fish

FRY FISH

\$8.0

## Salads

POTATO SALAD

GARDEN SALAD

\$3.0

## Lunch Menu

¼ BZSOCO GRILLED CHICKEN W/ 2 SIDES \$6.0

3 SPARE RIBS TIPS AND RIB) W/ 2 SIDE \$8.0

## Dessert

BANANA PUDDING

BREAD PUDDING

## Main Menu

GRILLED 1/2 CHICKEN WITH 2 SIDES \$8.0

BROWN BUTTER MASHED SWEET POTATO \$4.0

## Side Dishes

MAC CHEESE

MACARONI AND CHEESE

MAC N CHEESE

## Ingredients Used

PORK MEAT

CHEESE

# My Belizean Gourmet Menu



BANANA

2 FRIED FISH W/ 2 SIDE

\$6.0

BEANS

6 RIBS WITH 2 SIDES

\$12.0

## These Types Of Dishes Are Being Served



CHICKEN

SALAD

BREAD

FISH

## Popular Items



1/2 BZSOCO BBQ CHICKEN WITH 2 SIDES \$8.0

6 PIECES BBQ FRIED RIBS TIPS AND RIBS)WITH 2 SIDES \$12.0

FRIED SHRIMP TACOS WITH 2 SIDES \$10.0

1/4 BZSOCO BBQ CHICKEN W/ 2 SIDES \$6.0

6 PIECESTHAI CHILI FRIED RIBS WITH 2 SIDES \$12.0

4 CHEESE BAKED MACARONI AND CHEESE \$6.0

# *My Belizean Gourmet Menu*



## *My Belizean Gourmet*

1122 Teaneck Rd, Teaneck, NJ  
07666, USA, United States

### **Opening Hours:**

Monday 09:00 -17:30  
Tuesday 09:00 -17:30  
Wednesday 09:00 -17:30  
Thursday 09:00 -17:30  
Friday 09:00 -17:30  
Saturday 09:00 -13:00

Made with [menulist.menu](https://menulist.menu)

**Holiday menu is up!!!**  
**[mbgkitchen.com](https://mbgkitchen.com)**