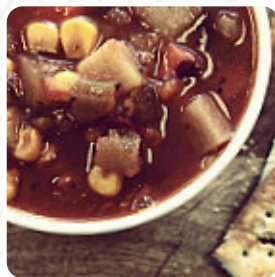




## ***Nature's Table Menu***

<https://menulist.menu>

2600 Lake Lucien Dr #103, Maitland, Florida, USA, 32751, United States  
(+1)4074750033 - <http://naturestable.com/>



The menu of Nature's Table from Maitland includes 128 menus. On average, menus or drinks on [the menu](#) cost about \$7.4. The categories can be viewed on the menu below.

# Nature's Table Menu



## **Toast**

AVOCADO TOAST \$3.5

## **Side Dishes**

FEATURED SALADS

## **Drinks**

SMOOTHIES

## **Dessert**

FRESH FRUIT SALAD

## **Specialties**

BAGEL BREAKFAST \$2.5

## **Main**

CHICKEN TAPENADE SANDWICH \$8.7

## **Shakes**

SHAKE

## **Favoritos**

SPICY BUFFALO WRAP \$8.0

## **Hot Beverages**

COFFEE BREAKFAST

## **Breakfast Menu**

BREAKFAST POTATOES \$2.8

## **Coffee**

ICED COFFEE

## **Breakfast Sides**

DANISH BREAKFAST \$2.6

## **Sandwich Meals**

CHICKEN SALAD SANDWICH MEAL

## **Breakfast & Brunch**

BREAKFAST BOWL \$5.5

## **Acai Bowls**

SMALL ACAI BOWL \$5.3

## **Sandwiches - Breakfast**

TOASTED SANDWICH \$8.7

## **Protein Bowl**

GREEK BOWL \$9.3

## **Make Your Own Bowl**

CHIPOTLE BOWL \$9.3

## **Triple-Deckers**

CALIFORNIA CLUB MEAL \$11.5

## **Jumbo Wrap Meal**

CHICKEN CAESAR WRAP MEAL

## **Mix It Up**

MIX IT UP \$9.2

## **Specialty Sandwiches**

TURKEY CLUB MEAL

# Nature's Table Menu



## Sandwiches, Wraps & Flatbreads

MEDITERRANEAN CHICKEN WRAP \$8.0

## Design A Mexican Meal

TACO SALAD MEAL

## Protein Bowls \$8.99

CARNITAS BOWL \$9.3

## Gourmet Wraps \$6.99

CHIPOTLE CHICKEN WRAP \$8.0

## Paninis And Melts \$7.99

BAJA TURKEY JACK SANDWICH \$8.7

## Paninis (Lunch & Dinner)

BREAKFAST PANINI \$3.4

## Btw Bowls

PROTEIN BOWL \$9.3

## Uncategorized

LARGE ACAI BOWL \$7.4

## Salad

FIESTA CHICKEN SALAD \$9.3

TACO SALAD \$9.3

## Breakfast

BREAKFAST SANDWICH MEAL \$7.3

CLASSIC BREAKFAST BURRITO \$5.3

## Popular Items

BREAKFAST PANINI MEAL \$5.7

TRADITIONAL AÇAÍ BOWL \$7.4

## Breakfast Burritos

MEDITERRANEAN BURRITO BREAKFAST \$5.3

SANTA FE BURRITO BREAKFAST \$5.3

## Breakfast Sandwich

SENSIBLE STARTER BREAKFAST \$4.3

SENSIBLE STARTER BREAKFAST MEAL \$7.3

## Fruit And Veggie Smoothies

15. KALE AND SPINACH SMOOTHIE

16. AVOCADO GINGER SNAP SMOOTHIE

## No-Sugar Added Smoothies

7. BANANABERRIE SMOOTHIE

8. MANGO MAMA SMOOTHIE

## These Types Of Dishes Are Being Served

WRAP \$8.0

SOUP

## Gourmet Wraps

TEXAS CLUB WRAP \$8.0

TURKEY, SWISS AND SLAW WRAP \$7.7

SESAME THAI WRAP \$8.0

# Nature's Table Menu



## Ingredients Used

CREAM CHEESE	\$0.7
CHILI	
BUTTER	
PEANUT BUTTER	

## Breakfast Burritos And Sandwiches

CLASSIC BREAKFAST BURRITO MEAL	\$8.4
MEDITERRANEAN BURRITO MEAL	\$8.4
SANTA FE BURRITO MEAL	\$8.4
SENSIBLE STARTER SANDWICH	\$3.2
SENSIBLE STARTER SANDWICH MEAL	\$5.5

## Fruit Smoothies

1. SIESTA COOLER SMOOTHIE
2. HAWAIIAN CRUSH SMOOTHIE
3. TROPICAL OASIS SMOOTHIE
4. POM BEACH SMOOTHIE
5. MANGO FUSION SMOOTHIE
6. PURPLE RAIN SMOOTHIE

## Yogurt Smoothies

9. RAINFOREST RHUMBA SMOOTHIE
10. SURVIVAL KIT SMOOTHIE
11. COCOLADA SMOOTHIE
12. PEANUT BUTTER CUP SMOOTHIE
13. BERRY PASSION SMOOTHIE
14. PB AND BERRIES SMOOTHIE

## Breakfast Bowls And More

HEALTHY STARTER BREAKFAST BOWL	\$5.6
QUESADILLA BREAKFAST BOWL	\$5.5
HEALTHY STARTER BREAKFAST BOWL MEAL	\$8.7
BREAKFAST BOWL MEAL	\$8.6
BREAKFAST QUESADILLA MEAL	\$8.6
AVOCADO TOAST MEAL	\$6.6
BISCUT AND GRAVY	\$4.0

## Protein Bowls

LATIN CITRUS BOWL	\$9.3
LATIN CITRUS BOWL MEAL	
CHIPOTLE BOWL MEAL	
SESAME THAI BOWL	\$9.3
SESAME THAI BOWL MEAL	
CARNITAS BOWL MEAL	
GREEK BOWL MEAL	
CHILI-CADO	\$5.6

## Salads



SIGNATURE SALAD	\$9.3
SIGNATURE SALAD MEAL	\$13.0
FIESTA CHICKEN SALAD MEAL	
FANDANGLED SALAD	\$9.3
FANDANGLED SALAD MEAL	
CHICKEN CAESAR SALAD	\$9.3
CHICKEN CAESAR SALAD MEAL	
MEDITERRANEAN CHICKEN SALAD	\$9.3
MEDITERRANEAN CHICKEN SALAD MEAL	



# Nature's Table Menu



CHILI-CADO SALAD \$6.3

CHILI-CADO SALAD MEAL

## Wraps



BREAKFAST WRAP \$6.0

TEXAS CLUB WRAP MEAL

CARNITAS WRAP \$8.0

CARNITAS WRAP MEAL

MEDITERRANEAN CHICKEN WRAP MEAL

SPICY BUFFALO WRAP MEAL

CHICKEN CAESAR WRAP \$7.7

TURKEY, SWISS AND SLAY WRAP MEAL

SESAME THAI WRAP MEAL

CHIPOTLE CHICKEN WRAP MEAL

MIX IT UP WRAP \$9.4

## Sandwiches



BREAKFAST SANDWICH \$4.3

TOASTED SANDWICH MEAL \$12.4

CHICKEN TAPENADE SANDWICH MEAL

BBQ PORK AND SLAW SANDWICH \$8.7

BBQ PORK AND SLAW SANDWICH MEAL

TURKEY CLUB \$8.7

3 CHEESE AND TOMATO SANDWICH \$7.1

3 CHEESE AND TOMATO SANDWICH MEAL

TURKEY CRANBERRY SANDWICH \$8.7

TURKEY CRANBERRY SANDWICH MEAL

BAJA TURKEY JACK SANDWICH MEAL

MIX IT UP TOASTED SANDWICH \$9.4

CALIFORNIA CLUB SANDWICH MEAL

CHICKEN SALAD SANDWICH \$7.4

SIGNATURE TUNA SALAD SANDWICH \$7.7

SIGNATURE TUNA SALAD SANDWICH MEAL

ALL NATURAL TURKEY SANDWICH \$7.7

ALL NATURAL TURKEY SANDWICH MEAL

AVOCADO CUCUMBER SANDWICH \$7.0

AVOCADO CUCUMBER SANDWICH MEAL

MIX IT UP SANDWICH \$9.4

# ***Nature's Table Menu***



## ***Nature's Table***

2600 Lake Lucien Dr #103,  
Maitland, Florida, USA, 32751,  
United States

### **Opening Hours:**

Monday 07:30 -15:00  
Tuesday 07:30 -15:00  
Wednesday 07:30 -15:00  
Thursday 07:30 -15:00  
Friday 07:30 -15:00

Made with [menulist.menu](https://menulist.menu)

