



## ***My Deli Gourmet Menu***

<https://menulist.menu>

1201 Castle Hill Ave (at Gleason Ave), Bronx, New York, USA, 10462, BRONX, United States

+17186843916 - <https://www.mydeligourmetandgrill.com/#/Home/QuickDeals>



**The Menu** of My Deli Gourmet from BRONX contains about 239 different dishes and drinks. On average, you pay for a dish / drink about \$7.7.

# *My Deli Gourmet Menu*



## *Rice Dishes*

CHICKEN OVER RICE \$8.0

## *Oriental Dishes*

FALAFEL

## *Pizza*

SHAWARMA \$9.0

## *Salad*

CREATE YOUR OWN SALAD \$5.0

## *Extras*

SWEET FRIES \$5.0

## *Snacks*

MOZZARELLA STICKS \$7.0

## *Toast*

FRENCH TOAST \$9.0

## *Fish Dishes*

FISH SANDWICH

## *Chicken*

CHICKEN PARMESAN

## *Sauces*

HOT SAUCE

## *Menu*

TILAPIA FISH WITH FRIES \$15.0

## *House Specialties*

SHAWARMA PLATTER \$10.0

## *Soups & Salads*

FIESTA SALAD \$9.0

## *Pitas*

SOUTHWEST STEAK

## *Mexican Dishes*

TACO

## *Mexican Specialities*

CHICKEN QUESADILLA \$13.0

## *Chips*

CURLEY FRIES \$5.0

## *Juices*

GRAPEFRUIT JUICE \$8.0

## *Chicken Wings*

6 PIECE WINGS AND FRIES \$9.0

## *American Pizza*

PIZZA CHEESE STEAK

## *Toppings*

TOPPINGS

## *Wraps Xl*

THE ITALIAN WRAP \$9.0

# My Deli Gourmet Menu



## Vegan Wraps

SANTA FE WRAP \$10.0

## All Day Breakfast

TOASTED BUTTER ROLL \$1.5

## Burgers And Sandwiches

ITALIAN PANINI \$8.0

## Wraps And Paninis

BBQ CHICKEN PANINI \$10.0

## Salad / Sides

THE GREEK SALAD \$9.0

## Breakfast Starting At Rs. 29

AMERICAN PANINI \$10.0

## Gyro Over Rice Dinners

STEAK OVER RICE \$11.0

## Deluxe Sandwiches

THE HUNGRY MAN SANDWICH \$7.0

## Weekend Brunch

MONTE CRISTO SANDWICH

## Saturday Specials

BACON, EGG AND CHEESE SANDWICH \$6.0

## Wraps And Panini

SANTA FE PANINI \$10.0

## Breakfast Egg Sandwiches

BAGEL WITH CREAM CHEESE AND BACON BREAKFAST SANDWICH \$4.0

## Omelette Platters

STEAK AND CHEESE OMELETTE \$7.0

## Hot Paninis

THE ITALIANO PANINI \$10.0

## Side Piece

VEGAN QUESADILLA \$15.0

## Create Your Own Omelette

CREATE YOUR OWN OMELETTE \$6.0

## Omelette Shoppe

GREEK OMELETTE \$6.0

## Smoothies And Juices

GREEN MACHINE SMOOTHIE \$8.0

## Tea @tea.clifton

MAKE YOUR OWN TEA

## Eggs & 3 Egg Omelettes

MEAT LOVER'S OMELETTE \$12.0

## Signature Breakfast Creations

PHILLY MAN SANDWICH \$6.5

# My Deli Gourmet Menu



## Breakfast Ensembles

THE BODY BUILDER \$11.0

## Fresh Classic Sandwiches

CALIFORNIA FRESH SANDWICH

## Yogurts, Shakes, Coolers, And Smoothies

THE ELVIS SMOOTHIE

## Condiments And Sauces

HUMMUS

## Soda And Juice

32 OZ. TROPICANA \$4.0

## Every Day Breakfast Sandwiches

BEEF SAUSAGE EGGS CHEESE

## Burger Additions

BEEF PATTY \$3.5

## Mocha Town

TURKEY EGGS CHEESE

## Munchi-Tizers

4 PIECE CHICKEN TENDERS AND  
FRIES \$9.0

## Steak, Roast Beef & Pork

PHILADELPHIA STYLE STEAK

## Fried Potatoes

CHEESE FRIES \$7.0

## Panini's

CHICKEN CAPRI PANINI \$10.0

## Deluxe Club Sandwiches

TURKEY CLUB SANDWICH

## Healthy Fit Continental

CREATE YOUR OWN PARFAIT \$4.0

## Espresso, Coffee, Tea

MAKE YOUR OWN COFFEE \$1.5

## Fresh Salad Greens

CAESAR CHICKEN RETURN  
SALAD \$12.0

## Dinners And Entrees

MEATBALL PARMESAN

## Paninis And Melts \$7.99

TUNA MELT PANINI \$10.0

## Paninis (Lunch & Dinner)

TURKEY CLUB PANINI \$10.0

## Beverages: Cold

NESQUICK \$3.3

# My Deli Gourmet Menu



## Philly Steaks And Grilled Subs

TEXAS STEAK

## 100% Fresh Pressed Juices

VISION JUICE \$9.0

## Restaurant Category

VEGAN

## Signature Sandwiches Wrap

MY DELI SPECIAL WRAP \$8.0

## Boar's Head Meats And Sandwiches

CREATE YOUR OWN BOAR'S HEAD SANDWICHES \$8.0

## Popular Steaks

MEXICAN STEAK

## Filled Paninis

CHICKEN PANINI \$10.0

## Kid's Menu - Quesadillas

SHRIMP QUESADILLA \$16.0

## Yummy's Paninis

MONTE CRISTO PANINI \$10.0

## Non Alcoholic Drinks

GATORADE \$2.5

SNAPPLE

\$2.3

## Mains

LAMB OVER RICE \$9.0

FISH OVER RICE \$12.0

## Main Courses

GRILLED CHICKEN GARDEN SALAD \$12.0

CHICKEN CORDON BLEU SANDWICH

## Breakfast

BAGEL TOASTED WITH BUTTER \$2.0

TOASTED BAGEL WITH CREAM CHEESE \$2.4

## Starters & Salads

FRENCH FRIES \$4.0

FRENCH FRIES

## Main Course

LAMB GYRO \$9.0

LAMB AND CHICKEN OVER RICE \$11.0

## Fresh Juices

APPLE EXTRACT JUICE \$8.0

HANGOVER HELPER \$9.0

## Platters

BEEF KABAB PLATTER \$13.0

CHICKEN KABAB PLATTER \$10.0



# My Deli Gourmet Menu



## Meals

CHEESEBURGER COMBO	\$9.0
FALAFEL OVER RICE	\$8.0

## Cold Beverages

ESSENTIAL PURIFIED	
CAN'S SODAS	\$1.3

## Protein Smoothies

PB&J SMOOTHIES	
NUTELLA BERRIES SMOOTHIE	

## Wings And Things

6 PIECE MOZZARELLA STICKS WITH FRIES AND MARINARA SAUCE	\$7.5
8 PC CHICKEN NUGGETS WITH FRIES	\$9.0

## Veggie Smoothies

BUGSY SMOOTHIE	\$8.0
FOR THE HEART SMOOTHIE	\$8.0

## Pancakes, French Toast, And Waffles

BLUEBERRY PANCAKES	\$12.0
BANANA PANCAKES	\$12.0

## Lunch Special Sandwiches

THE DELI CLASSIC SANDWICH	
THE GREEK MACHINE SANDWICH	

## Ingredients Used

MILK	
CHEESE	

## Entrées

ITALIAN WRAP	\$8.0
POTATO WEDGES	\$6.0
ZUCCHINI STICKS	\$7.0

## Seafood

WHITING FISH WITH FRIES 2 PIECES OF WHITING FISH WITH FRIES AND COLESLAW.	\$15.0
SHRIMP 6 PIECES OF SHRIMP WITH FRIES AND COLESLAW.	\$11.0
FISH SANDWICH FISH FILET SANDWICH WITH TARTAR SAUCE AND LETTUCE.	\$9.0

## Gyros

CHICKEN GYRO	\$8.0
FALAFEL GYRO	\$8.0
BEEF GYRO	\$10.0

## Fruit Smoothies

COOLATA SUNRISE SMOOTHIE	\$8.0
ANTIOXIDENT BLAST SMOOTHIE	\$8.0
SWEET CHICKS SMOOTHIE	\$8.0

## Popular Items

OMELETTE PLATTER	\$7.0
CHOPPED CHEESE SANDWICH	
BEEF PATTY WITH CHEESE COCO BREAD	\$5.0

# My Deli Gourmet Menu



## Signature Wraps

THE DELI CLASSIC WRAP	\$6.5
THE TORTA WRAP	\$8.0
THE GREEK MACHINE WRAP	\$7.5
SPARTAN SUPERSTAR WRAP	\$8.0

## Uncategorized

TWO EGGS ON A ROLL	\$4.0
EGG WHITE LOW CHOLESTEROL OMELETTE	\$12.0
BEYOND VEGAN BURGER	\$14.0
BEEF PATTY WITH CHEESE	\$4.5

## Smoothies

CREATE YOUR OWN SMOOTHIE	\$5.0
STRAWBERRY BANANA SMOOTHIE	\$8.0
TROPICAL TANGO SMOOTHIE	\$8.0
TROPICAL BLAST SMOOTHIE	\$8.0
HULK SMASH SMOOTHIE	\$8.0

## Burger

CHEESEBURGER	
DOUBLE CHEESE BURGER	
BACON CHEESEBURGER	
VEGGIE BURGER	\$8.0
BUILD YOUR OWN BURGER	\$4.0

## Side Dishes

CURLY FRIES	\$5.0
ONION RINGS	\$5.0
BEEF PATTY WITH COCO BREAD	\$6.0
FRIES	\$4.0
SWEET POTATO FRIES	\$5.0

## Drinks

16 OZ. MONSTER ENERGY DRINK	\$3.5
9.5 OZ. STARBUCKS	\$3.5
15 OZ. TROPICANA	\$2.5
16 OZ. WATER	\$1.3
BOTTLE SODA	\$2.5

## Beverages

ENSURE	\$3.0
NUTRIMENT	\$3.3
RED BULL 8.4 OZ	\$3.3
10 OZ. TROPICANA	\$1.5
2 LITER SODA	\$3.5

## Breakfast Platters

2 EGGS AND HOME FRIES PLATTER WITH BUTTER TOAST.	\$7.0
BEEF BACON, 2 EGGS AND HOME FRIES PLATTER BUTTER TOAST	\$10.0
TURKEY BACON, 2 EGGS AND HOME FRIES PLATTER	\$10.0
BEEF SAUSAGE, 2 EGGS AND HOME FRIES BUTTER TOAST	\$10.0
T.A.T. EGG WHITES, TURKEY, AVOCADO TOMATOES	\$11.0

## Signature Sandwich Panini

THE TORTA PANINI	\$10.0
THE GREEK MACHINE PANINI	\$9.0
MY DELI SPECIAL PANINI	\$10.0
SPARTAN SUPERSTAR PANINI	\$10.0
CHOPPED CHEESE PANINI	\$10.0

# My Deli Gourmet Menu



## Freshly Extract Healthy Juices

CARROTS EXTRACT JUICE	\$8.0
CITRUS BLEND EXTRACT JUICE	\$9.0
PINEAPPLE GINGER EXTRACT JUICE	\$9.0
ORANGE EXTRACT JUICE	\$8.0
G-BEETS	\$9.0

## Salads



BLT SALAD	\$12.0
TUNA SALAD	\$12.0
POTATO SALAD	\$3.0
MACARONI SALAD	\$3.0
COLESLAW	\$3.0
DETOX	\$9.0

## Omelettes

MUSHROOM AND SWISS OMELETTE WITH BUTTER TOAST	\$7.0
MEAT OMELETTE WITH BUTTER TOAST	\$7.0
CHEESE OMELETTE WITH BUTTER TOAST	\$6.0
WESTERN OMELETTE WITH BUTTER TOAST	\$8.0
MEXICAN OMELETTE	\$7.0
VEGETABLE OMELETTE, TOMATOES, ONIONS, PEPPERS, MUSHROOMS AND BROCCOLI.	\$6.0

## These Types Of Dishes Are Being Served

PANCAKES	\$10.0
QUESADILLAS	\$9.0

CHICKEN WRAP	\$8.0
CHICKEN	
FISH	
PANINI	
SALAD	

## Paninis

CHICKEN CAESAR PANINI	\$10.0
PROSPECT SPECIAL PANINI	\$11.0
ARIZONA PANINI	\$10.0
E.Z.Z. PANINI	\$10.0
ITALIAN PANINI GRILLED CHICKEN	\$10.0
RUSSIAN PANINI ROAST BEEF, SWISS CHEESE, ONIONS TOMATOES WITH RUSSIAN DRESSING	\$10.0
CAESAR PANINI	\$10.0
SICILIAN PANINI	\$10.0

## Specialty Breakfast Sandwiches

TURKEY HAM, EGGS AND CHEDDAR SERVE WITH HASH BROWN	\$7.0
STEAK, EGGS MOZZARELLA CHEESE	\$7.5
SPINACH, EGGS FRESH MOZZARELLA SERVE WITH HASH BROWN	\$7.0
SPINACH, EGG WHITES FETA CHEESE SERVE WITH HASH BROWN	\$7.0
EGGS, CHEESE AVOCADO SERVE WITH HASH BROWN	\$6.0
THE BREAKFAST WRAP 2 EGGS, BACON, CHEESE HOME-FRIES	\$8.0



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THE POWER WRAP EGG WHITES,  
GRILLED TURKEY, SWISS CHEESE \$8.0

BIG BREAKFAST 2EGGS W/  
BACON, HOMEFRIES CROISSANT \$9.0

## Wraps



CHICKEN CHEESE STEAK

TURKEY CLUB WRAP \$8.0

CHICKEN CAPRI WRAP \$8.0

CHICKEN CORDON BLEU WRAP \$8.0

TUNA MELT WRAP \$7.5

CHICKEN CAESAR WRAP \$8.0

MONTE CRISTO WRAP \$8.0

CHOPPED CHEESE WRAP \$8.0

PROSPECT SPECIAL WRAP \$11.0

ARIZONA WRAP \$10.0

CAESAR WRAP \$10.0

AMERICAN WRAP \$10.0

E.Z.Z. WRAP \$8.0

BBQ CHICKEN WRAP \$10.0

GRILLED SALMON WRAP \$9.0

GRILLED CHICKEN BURRIT \$11.0

## Sandwiches

EGG AND CHEESE SANDWICH \$3.5



BLT SANDWICH \$6.0

CREATE YOUR OWN  
BAGEL SANDWICH \$2.0

BAGEL WITH CREAM  
CHEESE AND JELLY \$3.0  
BREAKFAST SANDWICH

BAGEL WITH PLAIN CREAM  
CHEESE BREAKFAST SANDWICH \$2.5

BEEF SAUSAGE BACON EGGS  
CHEESE \$7.0

GRILLED CHEESE \$3.0

BAGEL TOASTED WITH CREAM  
CHEESE JELLY \$2.8

TURKEY EGGS CHEESE ROLL \$6.5

PASTRAMI EGGS CHEESE ROLL \$7.0

SALAMI EGGS CHEESE ROLL \$6.5

STEAK QUESADILLA \$13.0

THE TORTA SANDWICH

CHICKEN CUTLET SANDWICH

CHICKEN CAPRI SANDWICH

CHICKEN PARMESAN SANDWICH

TUNA MELT SANDWICH

CHICKEN CAESAR SANDWICH

SPARTAN SUPERSTAR SANDWICH

THE SPECIAL MADE OF THE DAY

CHICKEN CORDON BLEU PANINI \$10.0

# ***My Deli Gourmet Menu***



## ***My Deli Gourmet***

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### **Opening Hours:**

Monday 00:00-00:00  
Tuesday 00:00-00:00  
Wednesday 00:00-00:00  
Thursday 00:00-00:00  
Friday 00:00-00:00  
Saturday 00:00-00:00  
Sunday 00:00-00:00

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