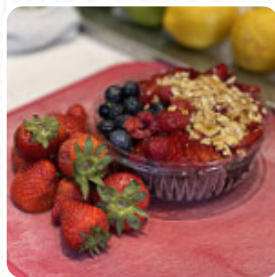




Square Deli Menu

<https://menulist.menu>
168 8th Avenue, City Of New York, 10011, United States Of America
+12123373322 - [http://www.squaredelijuicebar.com/](http://www.squaredelijuicebar/)



The Card of Square Deli from New York includes about 278 different dishes and drinks. On average, you pay for a dish / drink about \$6.3.

Square Deli Menu



Appetizers

8. FRENCH FRIES

Pasta

2. CHICKEN PASTA \$9.0

Dipping Sauce

PAPAYA \$3.5

Extras

1/2 LB. MEAT

Snacks

SKITTLES \$1.8

Süßes

SNICKERS \$1.8

Sweets

TOBLERONE \$4.5

Bagel

9. BAGEL WITH PEANUT BUTTER \$3.0

Steak

1. ORIGINAL PHILLY STEAK \$9.0

Ice Cream*

CRUNCH \$1.8

Main

CREATE YOUR OWN OMELET

Protein Shakes

THE ONE \$4.0

Cold Drinks

TROPICANA 12OZ \$3.0

Grill Specialties

1. BEEF BURGER \$4.5

Muffins

CORN MUFFINS \$3.0

Croissants

WHOLE WHEAT CROISSANT \$3.0

Homemade Burger

2. CHEESE BURGER \$5.0

Salad Bar

6. CLASSIC COBB SALAD

Pastry

PLAN CROISSANT \$3.0

Grilled Burgers

4. TURKEY BURGER \$6.0

Brevage

PURE LEAF \$4.0

Classics Toasties

BACON EGG AND CHEESE \$6.0

Square Deli Menu



Modifiers

HERSHEYS \$1.8

Bottled Beverages

POLAND SPRING WATER \$2.0

Bottled Drinks

EVIAN WATER \$2.5

Fruits

PINEAPPLES \$4.0

Non-Alcoholic Beverages

SMART WATER \$2.5

Healthy Breakfast

LOW-FAT VANILLA YOGURT \$3.5

3 Egg Omelets

2. WESTERN OMELET \$9.0

Acai Bowl

1. THE ORIGINAL ACAI BOWL \$12.0

Flavors

ALMOND JOY \$1.8

Vorspeisen

9. ONION RINGS

Sliced Cake

SLICE CHOCOLATE MOUSSE CAKE \$5.0

Sweet Bakery

APPLE TURN OVER \$3.0

Protein Bars

LENNY&LARRYS \$4.0

Tropicana

TROPICANA 1.53 L \$6.0

Energy Bars

RXBAR \$4.0

Irish Candy

LION BAR \$1.8

Famous Wraps

10. AMERICAN WRAP \$9.0

Lunch Philly Cheesesteak Sandwich

2. ITALIAN STEAK \$9.0

Create Your Salad

PICK YOUR GREENS

Breakfast Porter House Pork Chop & Amp; Eggs

2. EGGS AND SAUSAGE \$5.0

Dessert Menu - Friend-Z

M&MS \$1.8

Square Deli Menu



Fit From The Farm - Lunch - Lunch Sides

LOW-FAT STRAWBERRY YOGURT \$3.5

The Company's Lunch Menu

13. GRILLED CHEESE \$4.5

Panini \$6

1. CHICKEN FAJITA PANINI \$9.0

Beverages Juice

TROPICANA 32OZ \$4.3

Breakfast Soup

14. OATMEAL

Specialty Prestano Omelets

4. GREEK OMELET \$9.0

Cupcake - Regular

REESES \$1.8

Fresh Muffins & Scones \$1.75

CHOCOLATE CHIP MUFFIN \$3.0

Assorted Fruits

HONEY DEW \$3.0

Create Your Own Hot Pasta

CREATE YOUR OWN HOT PASTA \$6.0

Baked Goods & Pastries

RAISIN BRAN MUFFIN \$3.0

Square Deli Paninis

3. CAJUN CHICKEN PANINI \$9.0

Square Deli Salads

2. SQUARE SALAD

Creat Your Own Yogurt Parfait

LOW-FAT PLAN YOGURT \$3.5

Pure & Muscle Milk Protein Shakes

PURE PROTEIN 11OZ \$5.0

Ice Creations

KINDER BUENO \$3.0

Breakfast Bagels, Pancakes & Pastries

CHEESE DANISH \$3.0

Uncategorized

CLIF BAR \$4.0

Salad

10. GARDEN SALAD
CREATE YOUR OWN SALAD

Square Deli Menu



Wraps

- 2. SOUTHWESTERN WRAP \$9.0
- 6. BUFFALO CHICKEN WRAP \$9.0

Side Dishes

- WHOLE BANANA \$0.8
- CHOBANI GREEK YOGURT \$3.0

Hamburger

- 1. DELUXE BEEF BURGER \$6.5
- 5. DELUXE VEGGIE BURGER \$8.0

Water

- ESSENTIA 1.5 L \$5.0
- POLAND SPRING WATER 1 LITER \$3.5

Hot Drinks

- 3. CAPPUCINO
- COFFEE

Espresso Bar

- 1. 100% COLOMBIAN COFFEE
- 4. CAFE MOCHA

Soda/Energy/Performance/Ice Tea/Water

- RED BULL 12OZ \$4.5
- RED BULL 16OZ \$5.5

Steak N Cheese

- 3. MEXICAN STEAK \$9.0
- 4. TEXAS STEAK \$9.0

Special Green Salads

- 7. HEALTHY TUNA SALAD
- 8. ASIAN SESAME SALAD

Fresh Vegetables & Fruits Smoothies

- 1. ORANGE OR CARROT OR APPLE JUICE
- 11. SPIRULINA GREEN JUICE

Non Alcoholic Drinks

- MIXED FRUIT \$4.5
- SNAPPLE \$3.0
- VITAMIN WATER \$3.0

Panini

- 5. TUNA MELT PANINI \$9.0
- 6. MEATLESS PANINI \$9.0
- 8. DELIGHTFUL PANINI \$9.0

On The Grill

- 2. DELUXE CHEESE BURGER \$7.0
- 3. DELUXE BACON CHEESE BURGER \$8.0
- 4. DELUXE TURKEY BURGER \$8.0

Chef Sandwiches

- 3. CHEDDAR CHICKEN SANDWICH \$9.0
- 5. CHIPOTLE CHICKEN BLT WRAP \$9.0
- 6. TURKEY RANCH SANDWICH \$9.0

Ingredients Used

- WATERMELON \$3.5
- CHEESE

Square Deli Menu



BACON

These Types Of Dishes Are Being Served

PANINI

CHICKEN

BURGER

Sandwiches

4. TURKEY CLUB SANDWICH	\$9.0
10. ITALIAN SANDWICH	\$9.0
CREATE YOUR OWN SANDWICH	\$7.5
CHEESE SANDWICH	

Cold Beverages

ESSENTIA 23.7OZ	\$3.5
ESSENTIA 33.8OZ	\$4.0
FUJI WATER 16OZ	\$3.0
SALZER WATER 20OZ	\$2.8

Acai Bowls

2. ESPRESSO ACAI BOWL	\$12.0
3. NUTTY COCOA ACAI BOWL	\$12.0
4. BERRY PASSION ACAI BOWL	\$12.0
5. TROPICAL ACAI BOWL	\$12.0

Hot Pasta

1. VEGGIE PASTA	\$8.0
3. SIMPLE SPAGHETTI	\$6.0
4. MEATBALL SPAGHETTI	\$9.0
5. PENNE BASIL	\$9.0

Fresh Sliced Fruits In Cup

POMEGRANATE CUP	\$5.0
GRAPES GREEN-RED SEEDLESS CUP	\$5.0
WHOLE APPLE GREEN	\$1.5
WHOLE APPLE RED	\$1.5

Salads

3. CAESAR SALAD	
4. CHICKEN CAESAR SALAD	
5. GREEK SALAD	
9. BUFFALO CHICKEN SALAD	
CANTALOUPE	\$3.0

Quesadillas

1. CHICKEN QUESADILLAS	\$10.0
2. STEAK QUESADILLA	\$10.0
3. CHICKEN AND STEAK COMBO QUESADILLA	\$11.0
4. VEGETABLE QUESADILLA	\$8.0
5. 4 CHEESE QUESADILLA	\$8.0

Paninis

2. CHICKEN PARMIGIANO PANINI	\$9.0
4. TERIYAKI CHICKEN PANINI	\$9.0
7. TOASTED MONTE CRISTO PANINI	\$9.0
9. CAPRI PANINI	\$9.0
10. THE COMBO PANINI	\$9.0

Beverages

8. PINA COLADA SMOOTHIE	
MUSCLE MILK 14OZ	\$6.0
5 HOUR ENERGY	\$5.0
COKE 20OZ	\$2.8

Square Deli Menu



JUICES

Popular Items



- 1. ARIZONA WRAP \$9.0
- 15. CHICKEN PARMIGIANA SANDWICH \$8.0
- 3. BACON CHEESE BURGER \$6.5

KIND BAR \$3.3

ESSENTIA 20OZ \$3.0

Bakery-Low Fat Yogurt Muffins, Danishes, Sliced Cakes

- VALVET MUFFIN \$3.0
- SLICE NY CHEESE CAKE \$5.0
- SLICE NY STRAWBERRY CHEESE CAKE \$5.0
- SLICE CARROTS CAKE \$5.0
- COOKIE RAMBO \$3.0

Sweet Ice Cream Desserts

- 1. BANANA SPLIT
- 2. SWEETY
- 3. NUTTY
- 4. BROWNIE \$6.0
- 5. COOKIE SANDWICH

Breakfast

- 3. EGGS AND TURKEY BACON \$5.5
- 4. EGG WHITES \$5.0
- 6. BAGEL CREAM CHEESE \$3.0
- 7. BAGEL AND BUTTER \$2.0
- 8. BAGEL WITH NUTELLA \$3.5

COOKIE OATMEAL RAISIN \$3.0

Drinks

- MANGOES \$3.4
- BANG 16OZ \$5.0
- RED BULL 8.4OZ \$3.5
- SMOOTHIES
- PEPSI 20OZ \$2.8
- JOE'S TEA \$4.0

Açaí Smoothies

- 1. ACAI BERRY SMOOTHIE \$7.0
- 2. ACAI GINGER MEDLEY SMOOTHIE \$7.0
- 3. ACAI CACAO ALMOND SMOOTHIE \$7.0
- 4. ALOHA ACAI SMOOTHIE \$7.0
- 5. CARIBBEAN ACAI SMOOTHIE \$7.0
- 6. ACAI NUTTY SMOOTHIE \$7.0

Fresh Fruits Smoothies

- 9. TROPICAL HIT SMOOTHIE
- 10. OOH MANGO SMOOTHIE
- 11. JAVA KAZA SMOOTHIE
- 12. LOTTA PINA COLADA SMOOTHIE
- 13. MANGO TANGO SMOOTHIE
- 14. TROPICAL PAPAYA SMOOTHIE

Premium Ice Cream & Milk Shakes

- 1. THE ORIGINAL ICE CREAM SHAKE \$6.0
- 2. FRUITY SHAKE \$6.0
- 3. COOKIE SHAKE \$6.0
- 4. YOUR PICK SHAKE \$6.0

Square Deli Menu

5. MIX AND GO SPECIAL

6. ICE CREAM N'CUP OR CON

Smoothies

1. SUMMER COOL SMOOTHIE

2. BLUEBERRIES MADNESS SMOOTHIE

3. SWEET MADNESS SMOOTHIE

4. THE PEACH SMOOTHIE

5. FIT CHOICE SMOOTHIE

6. COOL MELON SMOOTHIE

7. GINGER MELON SMOOTHIE

Burgers

5. VEGGIE BURGER \$6.0

6. MEXICAN CHEESE BURGER \$6.0

6. DELUXE MEXICAN CHEESE BURGER \$8.0

7. INGLIS CHEESE BURGER \$6.0

7. DELUXE INGLIS CHEESE BURGER \$8.0

10. CHEESY FRIES

1/2 LB. CHEESE

Square Deli Grilled Wraps

3. EZZ WRAP \$9.0

4. TERIYAKI CHICKEN WRAP \$9.0

5. LOW FAT TUNA WRAP \$9.0

7. ALL STAR WRAP \$9.0

8. TUSCAN TURKEY WRAP \$9.0

9. FRENCH WRAP \$9.0

11. SQUARE HOT PASTRAMI WRAP \$9.0

12. CHICKEN CAESAR BLT WRAP \$9.0

Dessert



BLUEBERRY MUFFIN \$3.0

CRANBERRY MUFFIN \$3.0

CHOCOLATE BROWNIE \$3.5

KITKAT \$2.3

KNOPPERS \$1.8

TWIX \$1.8

BOUNTY \$1.8

COOKIE CHOCOLATE CHIPS \$3.0

MILKYWAY \$1.8

Breakfast Omelette

1. SIMPLE OMELET \$8.0

3. HEALTHY OMELET \$9.0

5. MEXICAN OMELET \$9.0

6. SOUTHWESTERN OMELET \$9.0

7. THE SPA OMELET \$9.0

8. THE MUSCLE OMELET \$10.0

9. PASTRAMI OMELET \$10.0

10. AMERICAN OMELET \$9.0

11. TURKEY OMELET \$12.0

Coffee Espresso Bar

2. 100% COLOMBIAN DECAF COFFEE

5. CAFE AMERICANO

6. CARAMEL MACCHIATO

7. CAFE LATE

8. GOURMET HOT CHOCOLATE

9. GOURMET FLAVORED TEA

11. FRESH BREWED ICE TEA

12. FRESH BREWED ICE COLOMBIAN COFFEE

13. ESPRESSO



Square Deli Menu



Breakfast Sandwiches/Platters

1. 2 EGG	\$4.0
2. EGGS AND BACON	\$5.0
2. EGGS AND HAM	\$5.0
5. EGGS ON A CROISSANT	\$5.5
10. BAGEL WITH SMOKED SALMON CREAM CHEESE	\$8.0
11. BAGEL WITH SHREDDED SMOKED SALMON AND CREAM CHEESE	\$6.0
12. BACON, LETTUCE, TOMATOES AND MAYO ON TOAST	\$4.8
15. 2 PIECE PANCAKES	\$7.0
15. 2 PIECE FRENCH TOAST	\$7.0

Vegetable Juice

2. THE IRON SMOOTHIE
3. GREEN POWER SMOOTHIE
4. BODY CLEANSER SMOOTHIE
5. LIGHT GREEN SMOOTHIE
6. ZESTY GREENS SMOOTHIE
7. COLD BUSTER SMOOTHIE
8. THE DETOX SMOOTHIE
9. SUPER MORNING SMOOTHIE
10. THE CHILL SMOOTHIE
12. OJ ZINGER SMOOTHIE

Square Deli Sandwiches

1. SANTE FE SANDWICH	\$9.0
2. CALIFORNIA HERO SANDWICH	\$9.0
7. CHIPOTLE CHICKEN CLUB SANDWICH	\$9.0
8. HEARTY WAY SANDWICH	\$9.0
9. WOODS SANDWICH	\$9.0

11. CHICKEN CLUB SANDWICH	\$9.0
12. THE SMOKEY SANDWICH	\$9.0
13. VEGETARIAN SANDWICH	\$8.0
14. LOW FAT TUNA SANDWICH	\$9.0
16. CLASSIC REUBEN SANDWICH	\$9.0
17. MEATBALL PARMIGIANA SANDWICH	\$9.0

Protein And Meal

1. SUPER PROTEIN SMOOTHIE	\$10.0
2. MORNING SMOOTHIE	\$10.0
3. SUPER BERRIES SMOOTHIE	\$10.0
4. THE ROCK SMOOTHIE	\$10.0
5. THE ALARM SMOOTHIE	\$10.0
6. THE LIFTER SMOOTHIE	\$10.0
7. SIMPLE PROTEIN SMOOTHIE	\$10.0
8. THE ROOSTER SMOOTHIE	\$10.0
9. THE RACER SMOOTHIE	\$10.0
10. THE FIT SMOOTHIE	\$10.0
11. SUPER START SMOOTHIE	\$10.0
12. PEACHY POWER SMOOTHIE	\$10.0

Square Deli Menu



13. THE SEEDS SMOOTHIE

\$10.0

Square Deli Menu



Square Deli

168 8th Avenue, City Of New York, 10011, United States Of America

Opening Hours:

Monday 07:00 -24:00
Tuesday 07:00 -24:00
Wednesday 07:00 -24:00
Thursday 07:00 -24:00
Friday 07:00 -24:00
Saturday 07:00 -24:00
Sunday 07:00 -24:00

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