Natural valley market





### Natural Valley Market Menu

https://menulist.menu 182 Ralph Ave, Brooklyn, United States +17184843522 - http://naturalvalleymarket.com/

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Smoothies		Ben & Jerry's	
TROPICAL MIST	\$7.0	CHUNKY MONKEY	\$7.0
Oriental Dishes		Shots	
FALAFEL	\$8.0	TUMRIC SHOT	\$5.0
Snacks		Fresh Juices	
MOZZARELLA STICKS	\$5.0	COLD BOOSTER	\$7.0
Toast		Green Smoothies	
FRENCH TOAST		GREEN DETOX	\$7.0
Breakfast		Mexican Specialities	
PANCAKES (3)	\$6.0	CHICKEN QUESADILLA	\$11.0
Drinks		Vegetables	
SMOOTHIES		VEGETABLES OVER RICE	\$8.0
Starters & Salads		House Specials	
FRENCH FRIES		SALMON CHOPPED CHEESE	\$11.0
Chicken Dishes		Mocktail	
CHICKEN PARMIGIANA	\$10.0	MORNING BURST	\$7.0
Soft Drinks		Breakfast Menu	
LEMONADE		GRANOLA	
Special Rolls		Breakfast Items	
SPICY DRAGON	\$10.0	WESTERN OMELET PLATTER	\$9.5
Superfood Smoothies		Fresh Smoothies	
ISLAND GREEN	\$7.0	MORNING MAGIC	\$7.0

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Juice		Specialty Heroes	
CREATE YOUR OWN JUICE 16 OZ	\$7.0	TEXAS MELT	\$11.0
Hot Off The Grill		Virgin Cocktail	
FAMOUS CROISSANT	\$9.0	BERRY BLAST	\$7.0
French Toast		Shot	
FRENCH TOAST (3)	\$6.0	GINGER SHOT	\$5.0
Hot Specialty Subs		Wrap It Up!	
TURKEY BACON RANCH	\$11.0	VALLEY WRAP	\$11.0
Something Sweet		Gyro And Rice Platters	
CLASSIC BELGIAN WAFFLE	\$6.0	FALAFEL OVER RICE PLATTER	\$9.0
Breakfast Platters		Juices (160z)	
SWEET BEAR	\$10.0	IRON MAN	\$11.0
Crafted Cocktails		Msa Black Angus Beef I	Range
RED ZINGER	\$7.0	SUPER SAIYAN	\$10.0
Fresh Pressed Juice		Eight Awesome Signatu	re
HEADACHE RELIEF	\$7.0	Cocktails	
Vegan Menu		CITRUS MIST	\$7.0
VEGAN BACON EGG CHEESE	\$7.0	Specialty Smoothie King	
Qisovits & Qnoakfast		Nutritional Smoothies	
Biscuits & Breakfast		THE HULK	\$7.0
Sandwiches		<b>A</b>	
SAUSAGE EGG CHEESE	\$5.0	Omelet Platter	
		STEAK CHEESE OMELET PLATTER	\$10.0

RICE	\$10.0

O: Ol-Ham (Ambina)			***	
Rice Platters (Archive)		GRILLED CHICKEN OVER RICE	\$10.0	
SHRIMP OVER RICE PLATTER \$12.0		Breakfast Wraps		
Valley Milk Shakes		HERCULES WRAP	\$9.0	
VALLEY MILK SHAKE	\$10.0	ATLANTIS WRAP	\$11.0	
Restaurant Category		Rice Platters		
FRENCH		SALMON OVER RICE	\$12.0	
		CRAB CAKE OVER RICE	\$12.0	
<b>Toast And Sandwiches</b>				
VEGAN SAUSAGE EGG CHEESE	\$7.0	Most Ordered		
		STRAWBERRY BANANA EXTREME	\$7.0	
Pizza for Children 20Cm		MIXED HALAL LAMB CHICKEN	\$11.0	
POPEYE	\$7.0	0 41/14 01		
		Egg White Platters		
Uncategorized		SPICY MIA	\$11.0	
VEGGIE TALES	\$7.0	SPARTAGUS	\$10.0	
Salads		Wraps		
DETOX	\$7.0	CAESAR WRAP	\$11.0	
BUILD YOUR OWN SALAD	\$6.0	BIGGIE SMALLS WRAP	\$10.0	
		DIABLO WRAP	\$10.0	
Non Alcoholic Drinks				
ENERGIZER	\$7.0	Special Sandwiches		
KOMBUCHA		BEDSTUY BURNER	\$10.0	
		PHILLY BIG CHEESE-STEAK	\$10.0	
Cocktails		BIG BOY CHOPPED CHEESE	\$10.0	
PINA COLADA	\$7.0	<b>A</b> 1 <b>A</b> 1		
MANGO MADNESS	\$7.0	Popular Items		
		BEACH BUM	\$7.0	
Gyro Over Rice Dinners		HALAL CHICKEN OVER RICE	\$9.0	
STEAK OVER RICE	\$10.0	HALAL LAMB OVER RICE	\$9.0	

AVEST
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Omelet Platters		WRAP	
MEXICAN OMELET PLATTER	\$9.5	CHICKEN WRAP	
CALI OMELET PLATTER	\$9.5	LAMB	\$8.0
ATHENS OMELET PLATTER	\$10.0	TOSTADAS	
Ingredients Used		Sandwiches	
GINGER		POWER HOUSE	\$10.0
SHRIMP	\$10.0	TUNA MELT	\$10.0
SALMON	\$10.0	BLT	\$6.0
		THE HARLEM MELT	\$11.0

### These Types Of Dishes Are Being Served

SALAD

CHICKEN \$8.0

	POWER HOUSE	\$10.0
	TUNA MELT	\$10.0
	BLT	\$6.0
THE HARLEM MELT		\$11.0
REUBEN SANDWICH		\$10.0
EGG CHEESE		\$4.0
THE KING SANDWICH		\$10.0
BEDROCK SANDWICH		\$11.0



## Natural Valley Market

182 Ralph Ave, Brooklyn, United States

Opening Hours:

Monday 06:30-23:39 Tuesday 06:00-23:39 Wednesday 06:00-23:39 Thursday 06:00-23:39 Friday 06:00-23:39 Saturday 06:00-23:39 Sunday 07:00-23:39

Made with menulist.menu