



https://menulist.menu 25188 Three Notch RdMD 20636, Holywood, United States +13013733020 - http://www.thecowandthefish.com/











Alcoholic Drinks

SANGRIA

Fish Dishes

FISH SANDWICH

Fish

GRILLED SALMON

Beef Dishes

FILET MIGNON

Spirits

MARTINI

Tapas

PATATAS BRAVAS

Main Course

CEVICHE

Baked Potatoes

BAKED POTATO

South American Beef

NEW YORK STRIP

Wine

BOTTLE OF WINE

Chicken Wings

WINGS

Burgers & Sandwiches

ANGUS BURGER

From The Garden

TOMATO MOZZARELLA SALAD

Hearty Soups

CREAMY ASPARAGUS JUMBO LUMP

Breakfast Mains

HOMEMADE CHICKEN TENDERS

Land

CHAR-GRILLED LAMB CHOPS

On The Table

TOASTED BREAD

Fish Platters

FRIED SHRIMP BASKET

Grass Fed

DELMONICO

Steak & Frites*

FLAT IRON STEAK

Green Stuff

C&F SEASONAL SALAD

COBB SALAD (CHEF'S SELECTION)



Hand Cut Steaks & More

THAI DUCK SAUTEED SHRIMP
THE SANDIE (SIGNATURE DISH)

Seafood

CRAB CAKES

CRAB CAKE DINNER

SINGLE CRAB CAKE DINNER

Side Dishes

HAND-CUT POTATO WEDGES
QUINOA RICE
VEGGIES OF THE DAY

Salads

HOUSE SALAD
CAESAR SALAD
HOUSE SALAD
SIDE SALAD

House Pastas

BOLOGNESE OVER PENNE

CHICKEN OR SHRIMP ALFREDO OVER PENNE

CARBONARA SAUCE OVER PENNE GLUTEN FREE PENNE PASTA

Restaurant Category

ITALIAN
MEDITERRANEAN
DESSERT

FRENCH

Ingredients Used

SCALLOPS

GARLIC

PRAWNS

SHRIMP

Sandwiches



GRILLED CHEESE SANDWICH

110Z 'BIG BOY ' ANGUS

CHICKEN SANDWICH

CRAB CAKE SANDWICH

NICK'S ITALIAN SAUSAGE

BLT

Starters

PARMESAN FISH BITES

FRESH CATCH OF THE DAY

SEARED SCALLOPS

MUSSELS W/ SLICED BAGUETTE

C&F CRAB BALLS (CHEF SELECTION)

CAJUN CRISPY CHICKEN

SEASONAL SOUP OF THE DAY

These Types Of Dishes Are Being Served



MUSSELS APPETIZER FISH

MEAT SALAD

BREAD



DESSERTS TOSTADAS



The Cow and The Fish

25188 Three Notch RdMD 20636, Holywood, United States **Opening Hours:** Thursday 16:00-21:00 Friday 16:00-21:00 Saturday 16:00-21:00 gallery image