



Zen Japanese Grill & Sushi Menu

<https://menulist.menu>

1785 Martin Luther King Jr Houma, LA 70360, United States

+19858792195 - <https://www.toasttab.com/zen-japanese-grill-and-sushi/v3>



On this webpage, you can find the **complete menu** of Zen Japanese Grill & Sushi from Houma. Currently, there are 19 dishes and drinks up for grabs. For **seasonal or weekly deals**, please contact the owner of the restaurant directly. You can also contact them through their website. What [Jane](#) likes about Zen Japanese Grill & Sushi:

We got our food to go from Zen the last two days/nights. I ate here once when they first opened and enjoyed it but it was always crowded when I tried again so I hadn't been back until this week and I am hooked now. Your MLK roll and tempura roll are out of this world. Oh and I almost forgot how good the salad with ginger dressing was! I will be eating here so much more now. [read more](#). What [Chaise S Tillett](#) doesn't like about Zen Japanese Grill & Sushi:

I think the hibachi is delicious the cups are small and the wait from order to delivery was so long the sake was very nice i recommend the plum sake i didnt like my sushi and i got the fleur de lis but my buds said it was good [read more](#). With a lot of freshly harvested vegetables, fish and meat, the Zen Japanese Grill & Sushi from Houma prepares easy-to-digest, delicious Japanese meals, The barbecued food is freshly cooked here on an open flame. You have a celebration and want to enjoy the food at home? With the in-house *catering service*, that's no problem, On the daily specials there are also several Asian menus.

Zen Japanese Grill & Sushi Menu



Salads

TUNA SALAD

Sushi Rolls

SUSHI

Starters & Salads

FRENCH FRIES

Appetizer

TEMPURA

Drinks

SAKE

Asian specialties

EDAMAME

Fried Rice

FRIED RICE

Sandwiches

B.L.T

BLT

B.L.T.

*These types of dishes are
being served*

SALAD

NOODLES

TUNA STEAK

Ingredients Used

TUNA

COCONUT

GINGER

CHOCOLATE

MEAT

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Opening Hours:

Monday 11:00 -21:00
Tuesday 11:00 -20:00
Wednesday 11:00 -21:00
Thursday 11:00 -21:00
Friday 11:00 -21:00
Saturday 11:00 -21:00
Sunday 11:00 -20:00

Made with menulist.menu

 gallery image

