



## ***Citrus Blue Healthy Foods Meal Prep Menu***

<https://menulist.menu>  
1315 W Grand Pkwy S, Katy, United States  
+18324372229 - <http://www.thecitrusblue.com/>



A comprehensive [menu](#) of Citrus Blue Healthy Foods Meal Prep from Katy covering all **19** menus and drinks can be found here on the food list. For **seasonal or weekly deals**, please get in touch via phone or use the contact details provided on the website. What [User](#) likes about Citrus Blue Healthy Foods Meal Prep:

I needed a retreat! I fought with portion control, eating out and pampering in candy. After I noticed the transformation and learning of a friend that they had eaten meals of Citrus Blue, I only had to explore them. The 21 Day Reset program was amazing! I have seen a significant difference in my desire, weight and body composition only from eating their balanced healthy meals. I recommend Citrus Blue not only because... [read more](#). The premises on site are wheelchair accessible and can also be used with a wheelchair or physical disabilities. What [STEPHANIE BAUTISTA](#) doesn't like about Citrus Blue Healthy Foods Meal Prep:

Pass through looking for healthy selections. Order 2 meals island jerk chicken and the Indian chicken tikka masala, each cost around \$14.99 and both being the large portions. The jerk chicken was very small amount of chicken I want to say about 2oz if that. Very disappointed. Taste was good. Indian chicken. Was a bit salty for my taste and the chicken portion was better and rice was plenty. I don't think I will be retu... [read more](#). At Citrus Blue Healthy Foods Meal Prep in Katy you can *savor delicious vegetarian dishes*, that are free from any animal meat or fish, This restaurant offers a catering service that allows visitors to enjoy the dishes on-site or at the festival. Furthermore, they offer you fine seafood menus, Generally, the dishes are prepared fast and fresh for you.

# *Citrus Blue Healthy Foods Meal Prep Menu*



## *Salads*

CHICKEN SALAD

## *Appetizers*

SATAY

## *Side dishes*

MASHED POTATOES

## *Chicken*

JERK CHICKEN

## *Dessert*

BROWNIE

## *Lamm & Hähnchen*

TIKKA MASALA

## *Asiatische Gerichte - Huhn*

THAI CURRY

## *Satay*

CHICKEN SATAY

## *Drinks*

DRINKS

*These types of dishes are  
being served*

SALAD

## *Restaurant Category*

VEGETARIAN

GLUTEN FREE

## *Ingredients Used*

POTATOES

CHICKEN

## *Indian*

CHICKEN TIKKA

CHICKEN TIKKA MASALA

CHICKEN CURRY

# *Citrus Blue Healthy Foods Meal Prep Menu*



## *Citrus Blue Healthy Foods Meal Prep*

1315 W Grand Pkwy S, Katy,  
United States

### **Opening Hours:**

Monday 09:00 -19:00  
Tuesday 09:00 -19:00  
Wednesday 09:00 -19:00  
Thursday 09:00 -19:00  
Friday 09:00 -17:00  
Saturday 10:00 -14:00

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