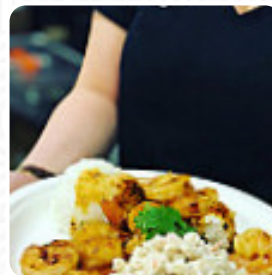
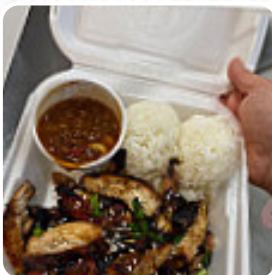




## Solid Grindz Hawaiian Bbq Menu

<https://menulist.menu>  
6255 East Golf Links Road, Tucson, United States  
(+1)5208678040



Here you can find the [menu](#) of Solid Grindz Hawaiian Bbq in Tucson. At the moment, there are 20 dishes and drinks on the card. You can inquire about *changing offers* via phone. What [User](#) likes about Solid Grindz Hawaiian Bbq:  
amazing Hawaiian food! full of taste and best little hole in the wall they need to check. are good and did I mention the taste? I had the short ribs, poke and the Knall wars. quality! [read more](#). The diner and its rooms are wheelchair accessible and thus usable with a wheelchair or physiological limitations. What [User](#) doesn't like about Solid Grindz Hawaiian Bbq:  
Maybe if I dined in it would have been better but got the katsu chicken, beef, and bang shrimp but they were kind of chewy and not in a fun way but the flavor was there. The only menu I could find was outdated and they didn't have what I was hoping for side wise so had to settle for plain white rice and a soggy Hawaiiin role. The staff were nice and the service was quick 10 minutes might explain the reason for the qua... [read more](#). During a meal, a good drink is essential. In this gastropub, you not only get delicious dishes from the menu but also a comprehensive and particularly good diversity of **good beers and other alcoholic beverages** that go well with the food, On the menu there are also several Asian dishes. Moreover, there are delicious American dishes, such as **burgers and grilled meat**, You can also discover nice South American meals in the menu.

# ***Solid Grindz Hawaiian Bbq Menu***



## ***Pizza***

PIZZA HAWAII

## ***Main courses***

RIBS

## ***Sauces***

BBQ SAUCE

## ***Specialties***

TERIYAKI CHICKEN

## ***Fried Rice***

FRIED RICE

## ***Salads***

SALAD

MACARONI SALAD

## ***Chicken***

CHICKEN KATSU

FRIED CHICKEN

***These types of dishes are  
being served***

SALAD

TUNA STEAK

## ***Ingredients Used***



MEAT

CHICKEN

PORK MEAT

BEANS

WHITE RICE

TUNA

TERIYAKI

SHRIMP

# Solid Grindz Hawaiian Bbq Menu



## Solid Grindz Hawaiian Bbq

6255 East Golf Links Road,  
Tucson, United States

**Opening Hours:**  
Tuesday 10:00 -14:30  
Wednesday 10:30 -15:30  
Thursday 10:30 -15:30  
Friday 10:30 -20:00  
Saturday 10:30 -15:30

Made with [menulist.menu](https://menulist.menu)

