

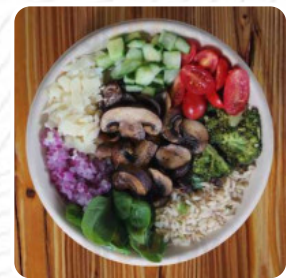
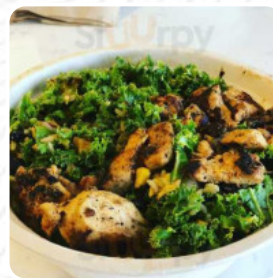


Roots Natural Kitchen Menu

<https://menulist.menu>

129 E Main St, Newark, DE 19711, USA, United States

+13022732620



The Card of Roots Natural Kitchen from **Newark** contains about 18 different meals and drinks. On average, you pay for a dish / drink about \$9.2. What **Dwayne Dantzler** likes about Roots Natural Kitchen: Fresh ingredients combined with either kale, Arcadian (spring) mix or spinach with chicken, tofu or mushrooms make a terrific salad bowl packed with flavor, all for under \$10. The only beverage available is bottled sparkling and still water for purchase. There is filtered water available through a dispensary. It is a satisfying and tasty meal. Thumbs up! **read more**. At the moment one might start to consider possibly eating healthier; exactly for these thoughts, Roots Natural Kitchen's food menu offers a large diversity of **healthy** dishes, *fine* **vegetarian** menus are also on the menu available. One also grills South American here with fresh fish, meat, as well as corn and potatoes, The dishes are usually prepared **fast and fresh** for you.

Roots Natural Kitchen Menu



Sandwiches

THE BALBOA \$13.4

Bowls

CHICKEN BOWL \$12.5

Tea

HALF TEA \$2.0

Create your Own

RED CHILI MISO TOFU BOWL \$12.0

Large Plates

BBQ TOFU BOWL \$11.8

Popular Items

MAYWEATHER \$12.9

These types of dishes are

being served

SALAD

Salads

PESTO CAESAR \$12.2

CORNER COBB \$12.8

Non alcoholic drinks

WATER

BOTTLED WATER \$1.0

Drinks

STILL WATER

LEMON SELTZER \$1.5

Ingredients Used

CHICKEN

TOFU

MUSHROOMS

SPINAT

KALE

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129 E Main St, Newark, DE
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Opening Hours:

Monday 10:30 -21:40
Tuesday 10:30 -21:40
Wednesday 10:30 -21:40
Thursday 10:30 -21:40
Friday 10:30 -21:40
Saturday 11:00-21:40
Sunday 11:00-21:40

Made with menulist.menu

