



Sobol Menu

<https://menulist.menu>

8204 Tryon Woods Dr, Unit 112, Cary, North Carolina, USA, 27518, United States
+19194391777 - <http://www.mysobol.com>



The **menu of Sobol** from Cary includes **19** dishes. On average, *dishes or drinks on [the menu](#)* cost about \$7.4.

The categories can be viewed on the menu below. What [User](#) likes about Sobol:

the sunshine bowl (super size) was so delicious but with control it was almost \$20! (I added flat cores added to the initial price. by the way, the flat-stamping is not ground, but are whole seeds except the price I loved it.

updated by previous review on 2022-03-23 [read more](#). You can use the WiFi of the establishment at no extra cost, Depending on the weather, you can also sit outside and eat and drink. The premises on site are accessible, and therefore no problem for clientele with wheelchairs or physical limitations. The fresh and delicious juices listed on the drinks menu optimally complement the meals of the restaurant, In addition, you'll find sweet delicacies, cake, simple snacks and chilled refreshments and hot beverages here. You have a festival and want to enjoy the food at home? With the in-house [catering service](#), that's no problem.

Sobol Menu



Non alcoholic drinks

WATER

Drinks

SMOOTHIES

Dessert

WAFFLE \$4.6

Waffles

WAFFLE PACKAGE \$10.3

Beverages

HOT COFFEE \$2.5

Breakfast Menu

GRANOLA

Coffee

ICED COFFEE \$3.9

Breakfasts

ACAI BOWL \$8.5

In a Cup

PITAYA BOWL \$9.4

Restaurant Category

GLUTEN FREE

Ingredients Used

FRUIT

HONEY

MILK

CHOCOLATE

Smoothies

SUPER GREEN SMOOTHIE \$8.7

PITAYA PLUS SMOOTHIE \$8.7

VERY BERRY SMOOTHIE \$8.7

ACAI SMOOTHIE \$8.7

SMOOTHIE

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Opening Hours:

Monday 08:00 -19:00
Tuesday 08:00 -19:00
Wednesday 08:00 -19:00
Thursday 08:00 -19:00
Friday 08:00 -19:00
Saturday 08:00 -18:00
Sunday 08:00 -16:00

Made with menulist.menu

 gallery image

