

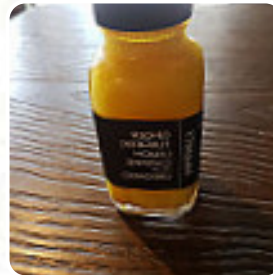
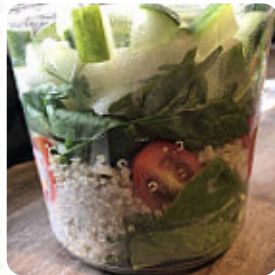


## ***E+rose Wellness Cafe Menu***

<https://menulist.menu>

1201 Demonbreun St, Nashville, Tennessee, USA, 37203, United States

+16157425184 - <https://eandrose.com>



A complete [menu](#) of E+rose Wellness Cafe from Nashville covering all 17 menus and drinks can be found here on the card. For *changing offers*, please get in touch via phone or use the contact details provided on the website. What [User](#) likes about E+rose Wellness Cafe:

this is a pretty decent lunch option. many superfood options. the grab and go options are good for people in haste. I had an avocado toast and a strawberry shake, \$13. sitting is a little limited, and it's really loud. I knocked out a star because they sell animal-destroyed beauty products, although the only non-vegan thing on the menu is honey. [read more](#). What [User](#) doesn't like about E+rose Wellness Cafe:

A lot of choices. Juices and nut blends were ready made so could not get a matcha drink as it had honey in there. They were also out of toasts. Luckily they had one small end piece left that we could get with discount. We had acai bowls that were delicious and good size. [read more](#). At the establishment, the fresh and delicious juices on the drinks menu wonderfully complement the meals, the incredibly unconventional fusion of various components guarantees guests an unforgettable taste experience of this expertly prepared **fusion cuisine**. Besides small snacks and sweet pieces, we also offer cold and hot drinks and cakes, there are also delectable [vegetarian](#) recipes on the menu.

# *E+rose Wellness Cafe Menu*



## *Smoothies*

SMOOTHIE

## *Toast*

TOAST

## *Dessert*

MATCHA

## *Thai dishes*

PAD THAI

## *Shakes*

SHAKE

## *Beverages*

JUICES

## *Sweets and Treats*

STRAWBERRY SHAKE

## *Super Foods*

AVOCADO TOAST

*These types of dishes are  
being served*

TOSTADAS

## *Drinks*

SMOOTHIES

DRINKS

## *Restaurant Category*

VEGAN

VEGETARIAN

## *Ingredients Used*

HONEY

QUINOA

FRUIT

AVOCADO

# ***E+rose Wellness Cafe Menu***



## ***E+rose Wellness Cafe***

1201 Demonbreun St, Nashville,  
Tennessee, USA, 37203, United  
States

### **Opening Hours:**

Monday 08:00-17:00  
Tuesday 08:00-17:00  
Wednesday 08:00-17:00  
Thursday 08:00-17:00  
Friday 08:00-17:00  
Saturday 09:00-17:00  
Sunday 09:00-17:00

Made with [menulist.menu](https://menulist.menu)

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