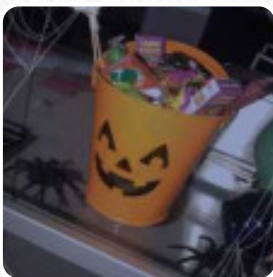




El 7 Mares Menu

<https://menulist.menu>

5936 Northwest 23rd Street, Oklahoma City, OK 73127, United States
+14056033700,+14054916216



Here you can find the [menu](#) of *El 7 Mares* in Oklahoma City. At the moment, there are 19 menus and drinks on the food list. You can inquire about changing offers via phone. What [Emanuel Delgado](#) likes about *El 7 Mares*: [Mexican seafood](#) tradition is popular and 7 oceans covers all the popular fresh [seafood](#) dishes. You come in grab a menu from the cashier and seat yourself. I only came in to view the menu for keto, but id probably recommend the wrapped fillet or 7 ocean soup, it was busy on a Sunday. Will have occasional mariachis or musicians as well as a music player inside. Here's the pretty menu. [read more](#). What [August Funk](#) doesn't like about *El 7 Mares*: Didn't stay. We went into the restaurant for dinner. There was one table occupied and no other customers. The waitress was very slow coming to seat us and seemed reluctant to do so. We ordered water for our drinks and she responded that they had no water. I hope she meant that they didn't serve water as a drink not that the restaurant had no water. We left. [read more](#). Look forward to the diverse, delicious Mexican cuisine, traditionally prepared with corn, beans and chilies (hot peppers), At the bar, you can relax with a **cool beer** or other alcoholic and non-alcoholic drinks. Also, they proffer you **delicious seafood meals**.

El 7 Mares Menu



Appetizers

FRIED SHRIMP

Mains

FILLET

Seafood

OCTOPUS

Saucen & Dips

GARLIC SAUCE

Main Course

CEVICHE

Energysdrinks

WHITE

Saucen

KNOBLAUCHSAUCE

White Based Sauce

CHEESE SAUCE

Sauces

SAUCE

Restaurant Category

MEXICAN

These types of dishes are being served

SOUP

APPETIZER

TOSTADAS

Ingredients Used



CHEESE

SEAFOOD

SHRIMP

SHRIMP

GARLIC

BUTTER

El 7 Mares Menu



El 7 Mares

5936 Northwest 23rd Street,
Oklahoma City, OK 73127, United
States

Opening Hours:

Monday 10:00 -22:00
Tuesday 10:00 -22:00
Wednesday 10:00 -22:00
Thursday 10:00 -22:00
Friday 10:00 -22:00
Saturday 10:00 -22:00
Sunday 10:00 -22:00

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 gallery image

