



ANTIBIOTIC-FREE CHICKEN
 Antibiotic-free and grown
 because when farmers take
 care of their chickens, they don't need those
 antibiotics. The people who eat our chicken also
 don't need those things.

FRESH SALMON
 Freshly certified salmon arrives fresh
 at our restaurant every day - that means never
 ready to be hand-filleted by our team.

ANTIBIOTIC-FREE CHICKPEAS
 Organic chickpeas from our
 partners at The Organic Trading Company. They've
 been grown inside of a can - and to us that
 means perfect!

FRESH FETA
 We buy
 perfecting

100% GRASS-FED BEEF
 We partner with JBS for
 their 100% grass-fed practices,
 for the cows, better for the
 planet, ultimately better for you and your
 family.

ROTI FALAFEL
 Made with organic chickpeas, our
 falafel recipe is gluten-free to ensure more
 people can enjoy this Mediterranean delight.

REAL SALT
 Harvested from the caves of ancient
 seabeds in Redmond, Utah, our
 salt is lower in sodium and helps
 bring out the flavors of our food.

LUNDBERG RICE
 Our partners at
 Lundberg are

Roti Mediterranean Bowls. Salads. Pitas. Menu

<https://menulist.menu>
 1629 K St NW, 20006, Washington, US, United States
 +12028691791 - <https://roti.com/>

WE BELIEVE IN

ANTIBIOTIC-FREE CHICKEN
 Our chicken is antibiotic-free and grown
 without chemical fertilizers. When farmers take
 care of their chickens, they don't need those
 antibiotics. The people who eat our chicken also
 don't need those things.

FRESH SALMON
 Freshly certified salmon arrives fresh
 at our restaurant every day - that means never
 ready to be hand-filleted by our team.

ORGANIC CHICKPEAS
 Organic chickpeas from our
 partners at The Organic Trading Company. They've
 been grown inside of a can - and to us that
 means perfect!

ROTI FALAFEL
 Made with organic chickpeas, our
 falafel recipe is gluten-free to ensure more
 people can enjoy this Mediterranean delight.

REAL SALT
 Harvested from the caves of ancient
 seabeds in Redmond, Utah, our
 salt is lower in sodium and helps
 bring out the flavors of our food.

LUNDBERG RICE
 Our partners at Lundberg are

TRY OUR MODERN CLASSICS

THE CLASSIC PITA DOLMA
 Fresh baked Pita Bread filled with our
 grilled Chicken, Tomato & Cucumber, Red
 Cabbage Slaw, house-made Classic Hummus,
 with Garlic and spicy Green Shug Sauce.

SIGNATURE RICE PLATE 675 CAL
 Soft Rice topped with grilled Chicken, Cashew,
 Tomato & Cucumber, sautéed fresh Veggies,
 house-made Classic Hummus, with Roasted
 Red Pepper Sauce.

MEDITERRANEAN CHOPPED SALAD 720 CAL
 Mixed greens topped with our grilled Chicken, Cashew,
 Tomato & Cucumber, Cucumber, The Olive Garden,
 Olive, Marinated Red Wine Vinaigrette.

GLUTEN-FREE • VEGAN • VEGETARIAN • SPICY
 To order, call 1-800-868-8688 or visit our website

MEET OUR NEW PITA BREAD
 Our new soft-baked pita bread is made with 100% whole wheat
 flour and is perfect for all your favorite Mediterranean dishes.
 It's soft, chewy, and has a slightly tangy flavor.

THE CLASSIC PITA 631 CAL
 Each baked Pita Bread topped with our
 grilled Chicken, Tomato and Cucumber, Red
 Cabbage Slaw, house-made Classic Hummus,
 with Garlic and spicy Green Shug Sauce.
 \$5.50

SIGNATURE RICE PLATE 672 CAL
 Soft Rice topped with grilled Chicken, Cashew,
 Tomato and Cucumber, sautéed fresh Veggies,
 house-made Classic Hummus, with Roasted
 Red Pepper Sauce.
 \$9.25

MEDITERRANEAN CHOPPED SALAD 720 CAL
 Mixed greens topped with our grilled Chicken, Cashew,
 Tomato and Cucumber, Cucumber, Pita Chip Dressing.
 \$9.25

The Menu of Roti Mediterranean Bowls. Salads. Pitas. from Washington includes about 18 different dishes and drinks. On average, you pay for a dish / drink about \$6.4. What **Paul B** likes about Roti Mediterranean Bowls. Salads. Pitas.:

Outstanding! Quick, fresh, healthy, and delicious. What more could you ask? Great lunch location. Went with a group and we each were able to tailor a bowl so we all got exactly what we wanted. No leftovers! Clean and open inside. Staff was incredibly polite and helpful. [read more](#). When the weather conditions is good you can also have something outside, And into the accessible spaces also come guests with wheelchairs or physiological disabilities. WLAN is available without additional charges. At Roti Mediterranean Bowls. Salads. Pitas. in Washington, a *diverse brunch* is served for breakfast, where you can eat as much as you want pamper your taste buds, Easy digestible Mediterranean menus are also available. Would you rather enjoy the food in your own four walls or at a special place like a party? Thanks to the in-house catering, that's easily possible, Besides the delicious **sandwiches**, healthy salads and other snacks also make a good snack.

Roti Mediterranean Bowls. Salads. Pitas. M



Oriental dishes

FALAFEL

Sandwiches

SULTAN SANDWICH \$7.0

Vegetarian dishes

PITA

Drinks

SAKE

SALSAS

CHIPOTLE

Indian

ROTI

Fresh Crisp Salads

MEDITERRANEAN CHOPPED CHICKEN SALAD \$8.0

Favorite Sides

FALAFEL (3PCS) \$2.3

Salads and Side Orders

PITA BREAD

The Lanesborough Afternoon Tea with Champagne £90

SANDWICHES \$7.0

Entrees (Mon An)

RICE PLATE \$8.0

Sides, Sweets, and Extras

HUMMUS WITH HOUSE-BAKED PITA \$3.5

WHERE TO BEGIN?

THE B.P.E. (BEST PLATE EVER) \$8.0

Restaurant Category

MEDITERRANEAN

GLUTEN FREE

***These types of dishes are
being served***

BREAD

Roti Mediterranean Bowls. Salads. Pitas. M



SALAD

\$8.0

Roti Mediterranean Bowls. Salads. Pitas. M



Roti Mediterranean Bowls. Salads. Pitas.

1629 K St NW, 20006,
Washington, US, United States

Opening Hours:
Monday 11:00 -16:00
Tuesday 11:00 -16:00
Wednesday 11:00 -16:00
Thursday 11:00 -16:00
Friday 11:00 -15:00

Made with menulist.menu

