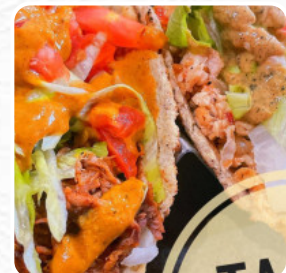
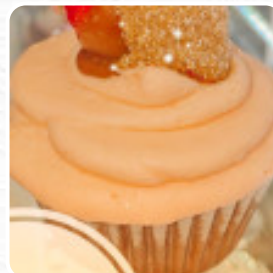
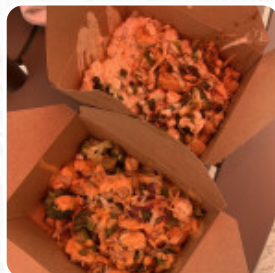




## Gainz Bakery Cafe Prepared Meals Menu

<https://menulist.menu>

1147 N Academy Ave, 78130, New Braunfels, US, United States  
(+1)8308328866 - <http://www.thegainzbakery.com/>



**The Card** of Gainz Bakery Cafe Prepared Meals from New Braunfels contains about 17 different dishes and drinks. On average, you pay for a dish / drink about \$6.6. What [Juan Rodriguez](#) likes about Gainz Bakery Cafe Prepared Meals:

There pastries are to die for and I'm a diabetic and when I eat their food my sugar levels are always under 100, after testing 2hrs after eating. If you want to eat healthy and even though it looks like to many carbs and sugar, you're wrong it's the best in town. Food: 5/5 [read more](#). When the weather is pleasant you can also eat outside, And into the accessible spaces also come visitors with wheelchairs or physical disabilities. WLAN is available at no extra cost. What [Michelle Yang](#) doesn't like about Gainz Bakery Cafe Prepared Meals:

I used to eat here a lot after the gym and used to love it. I just stopped by today and pick up some food and dessert and am unfortunately pretty disappointed. I feel like the quality of the food is not the same as it used to be. Two sandwiches, a protein drink, a cupcake and cheesecake came out to over \$60. I thought that was higher priced but I guess it's okay since I'm supporting local. The food overall tasted fin... [read more](#). Gainz Bakery Cafe Prepared Meals from [New Braunfels](#) is a *cozy café*, where you can have a small snack or cake with a warm coffee or a sweet chocolate, Also, the customers of the restaurant love the extensive selection of various **coffee and tea specialities** that the restaurant has to offer. Moreover, you can treat yourself to oven-warm baked goods, With the catering service from Gainz Bakery Cafe Prepared Meals in New Braunfels, the dishes can be eaten at home or at the party.

# Gainz Bakery Cafe Prepared Meals Menu



## Breakfast

BREAKFAST SANDWICH

## For the small hunger

BAGEL

## Shakes

CANCUN COLADA \$6.0

## Signature Bowls

ORANGE DRAGON BOWL \$9.5

## Specialty Drinks

PEACH

## Specialty Cakes

STRAWBERRY SHORT CAKE \$6.0

## Red Bull Series

RUSH HOUR \$6.0

## Soups & Salads

LEMON PEPPER TUNA SALAD \$8.0

*These types of dishes are being served*

PANINI

## Lunch

JALAPEÑO POPPER CHICKEN SALAD \$9.0

PLANT-PROTEIN BOWL \$8.0

## Dessert

BLUEBERRY MUFFIN \$6.0

DONUTS

## Coffee Tea

HOT HOUSE-BREW (16 OZ.) \$2.5

BULLET-PROOF COFFEE (16 OZ.) \$4.5

## Restaurant Category

VEGAN

GLUTEN FREE

# *Gainz Bakery Cafe Prepared Meals Menu*



## *Gainz Bakery Cafe Prepared Meals*

1147 N Academy Ave, 78130,  
New Braunfels, US, United  
States

### **Opening Hours:**

Monday 10:00 -18:00  
Tuesday 10:00 -18:00  
Wednesday 10:00 -18:00  
Thursday 10:00 -18:00  
Friday 10:00 -18:00  
Saturday 10:00 -15:00  
Sunday 10:00 -15:00

Made with [menulist.menu](https://menulist.menu)

