



True Food Kitchen Midtown Tampa Menu

<https://menulist.menu>

3645 Midtown Dr, Tampa, United States Of America

(+1)8133274455 - <https://www.truefoodkitchen.com/locations/tampa/>



Here you can find the menu of True Food Kitchen Midtown Tampa in Tampa. At the moment, there are **17** dishes and drinks on the card. You can inquire about changing offers via phone. What [User](#) likes about True Food Kitchen Midtown Tampa:

everything from eating to drinks and the service was so amazing. not to mention the presentation and the ambiente! we tried the hummus for which I should die, and I ordered the Turkish burger with a side cale salad. both were so good! by far the best kale salad I ever had, and the burger was so rich and delicious! [read more](#). The restaurant is accessible and can therefore also be used with a wheelchair or physical limitations. What [User](#) doesn't like about True Food Kitchen Midtown Tampa:

It was very nice for the manager to come to our table and explain the True Foods concept. I was impressed and excited to learn that the menu is based on the anti-inflammatory diet of Dr. Andrew Weil who I had been following for years. [read more](#). True Food Kitchen Midtown Tampa from Tampa is famous for its *exquisite burgers*, to which tasty fries, salads and other sides are provided, and you can look forward to the fine typical seafood cuisine. Furthermore, you'll find fine American menus, like for instance **burgers and grilled meat** on the menu, You'll find tasty South American dishes also on the menu.

True Food Kitchen Midtown Tampa Menu



Salads

KALE SALAD

Main courses

LASAGNA

Extras

SWEET POTATO

Sweets

CHOCOLATE CAKE

Asian specialties

EDAMAME

Drinks

DRINKS

Condiments and Sauces

HUMMUS

Restaurant Category

VEGETARIAN

Ingredients Used

KALE

CHOCOLATE

BRUSSELS SPROUTS

POTATOES

These types of dishes are being served



SALAD

BURGER

TUNA STEAK

PIZZA

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Opening Hours:

Monday 11:00-21:00
Tuesday 11:00-21:00
Wednesday 11:00-21:00
Thursday 11:00-21:00
Friday 11:00-22:00
Saturday 09:30-22:00
Sunday 09:30-21:00

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