

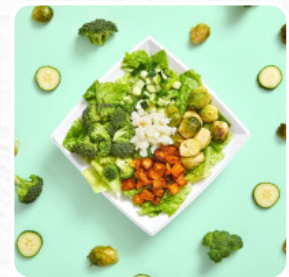
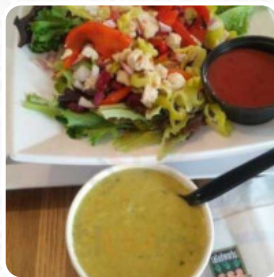


## ***Saladworks Menu***

<https://menulist.menu>

101 1st Ave SW Rochester, MN 55902-3135 United States

**(+1)5073613333 - <https://restaurants.saladworks.com/mn/rochester/101-1st-avenue-sw/>**



Here you can find the [menu](#) of Saladworks in [Rochester](#). At the moment, there are 17 dishes and drinks on the food list. You can inquire about seasonal or weekly deals via phone. What [User](#) likes about Saladworks: Salads are good and freshly made; Several dressings to choose from. The wheat rolls are super delicious too. The cost can be a little high but I think the freshness and toppings are worth it. If they had broader business hours, I'd give them 5 stars. [read more](#). The rooms on site are wheelchair accessible and can also be used with a wheelchair or physiological limitations, and there is complimentary WiFi. What [Mika Brannan](#) doesn't like about Saladworks:

I feel like this place is hit or miss, but I went there today after a two year hiatus and I was sad that I just didn't make the walk further down to Victoria's. I got the southwest chipotle salad and the women working hastily put everything together. Avocado was brown, lettuce was wilted and the dressing was not spicy. The salad was basically a bowl of mush. [read more](#). An additional service offered by the establishment is the *catering service* for visitors, Besides the tasty **sandwiches**, healthy salads and other snacks also make a good snack. In addition, there are scrumptious American meals, such as **burgers and grilled meat**, The atmosphere also makes the enjoyment of typical Western dishes and drinks an unforgettable experience.

# *Saladworks Menu*



## *Main courses*

TOPPINGS

## *Wraps*

GRILLED CHICKEN WRAP

## *Side Orders*

MAYO

## *Chicken*

GRILLED CHICKEN

## *Restaurant Category*

MEDITERRANEAN

VEGAN

*These types of dishes are being served*

WRAP

CHICKEN WRAP

SALAD

PANINI

SOUP

## *Ingredients Used*



TOFU

CHICKEN

MEAT

KALE

EGG

QUINOA

# *Saladworks Menu*



## *Saladworks*

101 1st Ave SW Rochester, MN  
55902-3135 United States

### **Opening Hours:**

Monday 10:00 -17:00  
Tuesday 10:00 -17:00  
Wednesday 10:00 -17:00  
Thursday 10:00 -17:00  
Friday 10:00 -15:00

Made with [menulist.menu](https://menulist.menu)

