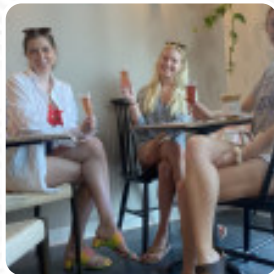




## ***Lady And The Mug Menu***

<https://menulist.menu>

510 W Grand Central Ave, 33606, Tampa, US, Nowatney, United States  
+18133744871 - <http://www.ladyandthemug.com/>



As soon as we have a *meal plan* for Lady And The Mug from Nowatney, we will publish it here. In the meantime, feel free to take a look at the menus in the surrounding area. Or help us by **publishing a photo of the menu here**. What [User](#) likes about Lady And The Mug:

All I gotta say is *\*gluten free options\** that are worth your money! Coffee is delicious and food is even better. The staff is so friendly and accommodating! So happy I found this hidden gem! [read more](#). The restaurant and its rooms are wheelchair accessible and thus reachable with a wheelchair or physiological limitations, and there is no-charge WiFi. If the weather conditions are right, you can also eat and drink outside. What [User](#) doesn't like about Lady And The Mug:

Their chai is SO good but all of their food is just so disappointingly terrible, I got a cinnamon roll and I couldn't even eat more than a few bites (and I was starving). Their service is ok but they have a lot of rude signs screaming no outside food (not that I want to bring outside food) isn't that kind of a given? Their Atmosphere is just so cringe, there is so much potential here! Which makes it even more disappo... [read more](#). A visit to Lady And The Mug is particularly valuable due to the extensive selection of **coffee and tea specialties**.

# *Lady And The Mug Menu*



## *Non alcoholic drinks*

CHAI

## *Breakfast*

BREAKFAST SANDWICH

## *Little things*

CINNAMON ROLL

## *For the small hunger*

BAGEL

## *Hot drinks*

TEA

## *Hot Drinks - Coffee*

CORTADO

## *Restaurant Category*

GLUTEN FREE

## *These types of dishes are being served*

PANINI

## *Coffee*

COFFEE

CHAI LATTE

## *Ingredients Used*



CHEESE

BEANS

CREAM CHEESE

STRAWBERRY

BACON

# *Lady And The Mug Menu*



## *Lady And The Mug*

510 W Grand Central Ave, 33606,  
Tampa, US, Nowatney, United  
States

### **Opening Hours:**

Monday 07:30 -14:00  
Tuesday 07:30 -14:00  
Wednesday 07:30 -14:00  
Thursday 07:30 -14:00  
Friday 07:30 -14:00  
Saturday 08:00 -14:00  
Sunday 08:00 -14:00

Made with [menulist.menu](https://menulist.menu)

 gallery image

