



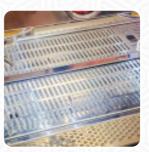
## The Shake And Grind Menu

https://menulist.menu 190 S Plank Rd, 12550, Newburgh, US, United States +18455627350 - https://www.facebook.com/shakeandgrind/









Here you can find the menu of The Shake And Grind in Newburgh. At the moment, there are 16 meals and drinks on the food list. You can inquire about **changing offers** via phone. What <u>User</u> likes about The Shake And Grind: I had my first drink from the shake and drag and lemme say that peanut butter protein shake was honestly one of the best I ever had. it was not too heavy and not too easy. 10/10 recommended for those who stop on a fast drink <u>read more</u>. You can use the WLAN of the restaurant free of charge. What <u>User</u> doesn't like about The Shake And Grind:

Shake and Grind is the place to get your coffee, shakes, and tea when you're in Newburgh. The beverages are delicious, the staff is incredibly friendly and accommodating, and the atmosphere makes you feel like you're at home. I recommend this place to everyone! <a href="read more">read more</a>. At The Shake And Grind from Newburgh it's possible to savor delicious <a href="vegetarian">vegetarian</a> courses, that were made without any animal meat or fish, Also, the guests of the restaurant love the extensive variety of various <a href="coffee and tea specialities">coffee and tea specialities</a> that the restaurant has to offer. Even <a href="South American">South American</a> fresh fish, meat, as well as beans and potatoes are grilled here, and you can enjoy here delicious American meals like Burger or Barbecue.

## The Shake And Grind Menu



Süßes

**MUFFINS** 

Hot drinks

**TEA** 

**Popular Items** 

**SMOOTHIES** 

**Drinks** 

**DRINKS** 

**Hot Drinks - Coffee** 

**CORTADO** 

10 most popular

**SHAKE** 

**MILK SHAKES** 

**Ingredients Used** 

**BUTTER** 

**PEANUT BUTTER** 

Restaurant Category

**AMERICAN** 

**VEGAN** 

**VEGETARIAN** 

Coffee

**MOCHA** 

**ICED MOCHA** 

**ESPRESSO** 

**COFFEE** 

## The Shake And Grind Menu



## The Shake And Grind

190 S Plank Rd, 12550, Newburgh, US, United States **Opening Hours:** 

Tuesday 08:00 -15:00 Wednesday 08:00 -15:00 Thursday 08:00 -15:00 Friday 08:00 -15:00 Saturday 09:00 -13:00 違gallery image