



The Shake And Grind Menu

https://menuweb.menu 190 S Plank Rd, 12550, Newburgh, US, United States +18455627350 - https://www.facebook.com/shakeandgrind/



On this website, you can find the **complete** <u>menu</u> of **The Shake And Grind** from Newburgh. Currently, there are **15** dishes and drinks available. Shake and Grind has quickly become a beloved spot in Newburgh, offering an inviting atmosphere and high-quality beverages. Customers rave about the delicious peanut butter protein shakes, expertly crafted lattes, and fresh smoothies, showcasing the establishment's commitment to quality ingredients. Owner Donna's warm hospitality and barista expertise create a welcoming environment, making patrons feel like family. With a cozy ambiance, friendly service, and a focus on nutrition, this independently-owned coffee shop stands out among chains. As word spreads, Shake and Grind is undoubtedly the go-to destination for both locals and visitors seeking exceptional drinks and a delightful experience.

The Shake And Grind Menu



Dessert

MUFFINS

Shakes

SHAKE

Milkshakes

MILK SHAKES

Drinks

SMOOTHIES

DRINKS

Hot Drinks

COFFEE

TEA

Restaurant Category

VEGAN VEGETARIAN

Ingredients Used

BUTTER PEANUT BUTTER

Coffee

MOCHA ICED MOCHA

CORTADO

ESPRESSO

The Shake And Grind

190 S Plank Rd, 12550, Newburgh, US, United States

Opening Hours: Tuesday 08:00 -15:00 Wednesday 08:00 -15:00 Thursday 08:00 -15:00 Friday 08:00 -15:00 Saturday 09:00 -13:00



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