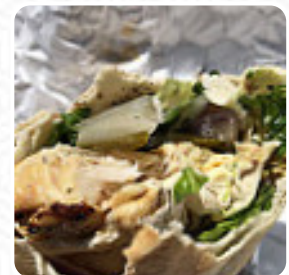




Healthy Grill Menu

<https://menulist.menu>

3440 Del Lago Blvd Suite I, 92029, Escondido, US, United States
+17602332200 - <http://healthygrille.com/>



The menu of Healthy Grill from Escondido includes 77 meals. On average, meals or drinks on the menu cost about \$10.5. The categories can be viewed on the menu below. What [User](#) likes about Healthy Grill: I finally got the chance to eat here and it was 100% amazing. I am an authentic Mediterranean food lover and can say that this was one of the most delicious, authentic Mediterranean restaurants in the north county area. the sauces and other ingredients are fresh and cost homemade. also the pickles are the same as those they would find on the Northgate market or other international markets. I can say that eating is ma... [read more](#). The restaurant is accessible and can therefore also be used with a wheelchair or physical limitations. What [User](#) doesn't like about Healthy Grill:

I had an eye on this place for a dae (I usually get pho suppe next door) and I really wish I stuck to my usual. aside from eating was a lot overpriced, my salmon and salate did not taste fresh at all. tried how yesterday eating warmed up? my dog wouldn't even eat it. I do not recommend. this place really deserves zero stars..not healthy about it. [read more](#). At Healthy Grill in Escondido, there are scrumptious Greek cuisines like Gyros, Souvlaki and Seafood, accompanied with sides like fries, salad with feta cheese, **Pita bread and Tzatziki** served, The barbecue is freshly *cooked* here on an open flame. Look forward to the enjoyment of **tasty vegetarian dishes**, Additionally, well digestible Mediterranean dishes are available.

Healthy Grill Menu



Sandwiches

BEEF CUTLET SANDWICH \$10.0

Chicken

CHICKEN KEBAB

Sauces

TZATZIKI SAUCE \$7.0

Main Course

BAMIEH \$2.0

Soup

LENTIL SOUP \$8.0

Ben & Jerry's

STRAWBERRY CHEESE CAKE \$4.0

Appetizer

SABZINEH \$9.0

Catering

GREEK SALAD W/ CHICKEN \$15.0

Beverages

WATER BOTTLE \$2.0

Contorni

SIDE OF GARDEN SALAD \$8.0

Meal Deals

VALUE MEAL \$4.0

Side options

SIDE GREEN RICE \$5.0

savory

POTATO PIE \$4.0

Specialty Pies

VEGGIE PIE \$4.0

Grilled Seafood

SALMON KABOB W/ BASMATI RICE AND GRILLED VEGGIE \$19.0

Condiments and Sauces

HUMMUS

These types of dishes are being served

SALAD

Sweet & Tablewares

BAKLAVA (ONE PIECE) \$2.0

Uncategorized

GREEK SALAD WITH SALMON \$19.0

Soups

MEDITERRANEAN CHICKEN SOUP \$8.0

MEDITERRANEAN VEGGIE SOUP (AASH) \$9.0

Healthy Grill Menu



Drinks

CAN OF SODA DRINK (I.E., COKE, DIET COKE, PEPSI, DIET PEPSI AND SPRITE)	\$2.5
YOGURT WITH SODA	\$4.0

Bakery

SHIRMAL RAISIN BREAD	\$4.0
SHIRMAL BREAD	\$5.0

Popular Items

HOT BREAD	\$4.0
SIDE OF GREEK SALAD	\$9.0

Ingredients Used

CHICKEN
BEEF

Salads



GREEK SALAD WITH KABOB KOOBIDEH	\$13.0
GREEK SALAD	
GREEK SALAD	\$11.0
GARDEN SALAD	\$10.0

Side dishes

HUMMUS W/ PITA BREAD	\$9.0
SIDE OF RICE	\$4.5
SIDE OF FRIES	\$3.0
PICKLES	

Dessert

CHOCOLATE MOUSSE CAKE SLICE	\$5.0
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TIRAMISU SLICE	\$5.0
ZOLOBIA	\$4.0
FRENCH ROULETTE CAKE	\$4.5

Vegetarian Meals

FALAFEL PLATE WITH RICE, HUMMUS AND SALAD	\$14.0
EGGPLANT BORANI W/ PITA BREAD	\$11.0
VEGETARIAN PLATE WITH HUMMUS AND DOLMEH	\$16.0
VEGETARIAN PLATE WITH HUMMUS AND FALAFEL	\$18.0

Restaurant Category

MEDITERRANEAN
VEGETARIAN
GREEK
HALAL

Stew Meals

GHORMEH SABZI STEW W/ BASMATI RICE	\$16.0
FESENJOON W/ BASMATI RICE	\$18.0
GHEIMEH W/ EGGPLANT OR ZUCCHINI STEW W/ BASMATI RICE	\$16.0
CELERY STEW W/ BASMATI RICE	\$13.0

Wraps/Sandwiches

KABOB KOOBIDEH W/ BASMATI RICE WRAP	\$11.0
KABOB KOOBIDEH WRAP W/ TZATSIKI SAUCE	\$10.0
FALAFEL SANDWICH W/ HUMMUS	\$10.0
CHICKEN BONELESS KABOB WRAP W/ TZATSIKI SAUCE	\$12.0

Healthy Grill Menu



CHICKEN BONELESS KABOB W/
BASMATI RICE WRAP \$13.0

Appetizers

KEBAB

YOGURT W/ CHOPPED SHALLOTS \$8.0

VEGGIE DOLMEH (7 PIECES) \$10.0

CRISPY RICE WITH STEW

MEAT DOLMEH (7 PIECES) \$11.0

CHICKEN (OLIVIEH) SALAD W/
PITA BREAD \$10.0

Menu

KABOB KOOBIDEH W/ BASMATI RICE

BEEF CUTLET W/ RICE AND SIDE
SALAD \$14.0

GREEN BEANS AND TOMATO RICE
W/ KOOBIDEH KABOB \$16.0

BARBERRY RICE WITH CHICKEN
KABOB \$17.0

ROUND TACHIN W/ CHICKEN BY
SPECIAL ORDER \$16.0

LAMB SHANK WITH DILL RICE
AND PLUMP SOFT BROAD BEANS \$18.0

KABOB SOLTANI W/ BASMATI
RICE \$29.0

KABOB BARG W/ BASMATI RICE \$24.0

SHISH KABOB W/ BASMATI RICE \$19.0

KABOB KOOBIDEH CHICKEN
KOOBIDEH W/ BASMATI RICE \$17.0

KABOB KOOBIDEH CHICKEN
BONELESS KABOB W/ BASMATI
RICE \$18.0

BONELESS CHICKEN KABOB W/
BASMATI RICE

CHICKEN KOOBIDEH W/ BASMATI RICE

Healthy Grill Menu



Healthy Grill

3440 Del Lago Blvd Suite I,
92029, Escondido, US, United
States

Opening Hours:
Tuesday 11:30 -19:00
Wednesday 11:30 -19:00
Thursday 11:30 -19:00
Friday 11:30 -19:00
Saturday 11:30 -19:00
Sunday 11:30 -19:00

Made with menulist.menu

