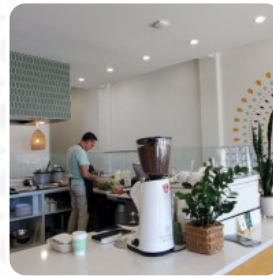




## Plant Menu

<https://menuweb.menu>

19 W 1st St Suite 100, 73003, Edmond, US, United States  
(+1)4059064068 - <https://eatatplant.com>



A **comprehensive [menu](#) of Plant** from Edmond covering all **36** menus and drinks can be found here on the food list. Nestled in a charming downtown area, this vegan restaurant offers a delightful atmosphere complemented by friendly staff and a commitment to quality ingredients sourced from local farms. While the smoothies and some dishes, like the breakfast hash and avocado toast, receive praise for their taste and healthiness, some menu items fall short of expectations. Patrons report disappointing salads and overly priced dishes that lack proper execution and seasoning. Despite mixed reviews on the overall culinary experience, the restaurant's cleanliness, welcoming ambiance, and accommodating service, especially for those with dietary restrictions, make it worth a visit for health-conscious diners.

# Plant Menu

## Salads

MEDITERRANEAN SALAD

## Drinks

SMOOTHIES

## Starters & Salads

POTATO CHIPS

## Asiatische Gerichte - Huhn

THAI CURRY

## Schwarze Tees

EARL GREY

## Shakes

SHAKE

## Toast

TOAST

AVOCADO TOAST

## Hot Drinks

TEA

COFFEE

## Indian

CHAI LATTE

CHICKEN CURRY

CHAI

## These Types Of Dishes Are Being Served



MEAT

SALAD

TOSTADAS

## Restaurant Category

GLUTEN FREE

VEGAN

VEGETARIAN

BAR

MEDITERRANEAN

## Dessert

FRESH FRUIT SALAD

PANCAKE

BLUEBERRY MUFFIN

BLUEBERRY PIE

MUFFINS

CREPES

## Ingredients Used



CHOCOLATE

BUTTER

HONEY

SPINACH

BANANA

MILK

FRUIT

AVOCADO

SYRUP



# Plant Menu



## Plant

19 W 1st St Suite 100, 73003,  
Edmond, US, United States

### Opening Hours:

Monday 08:00-18:00  
Tuesday 08:00-18:00  
Wednesday 08:00-18:00  
Thursday 08:00-18:00  
Friday 08:00-18:00  
Saturday 08:00-18:00  
Sunday 09:00-15:00

Made with [menuweb.menu](https://menuweb.menu)

