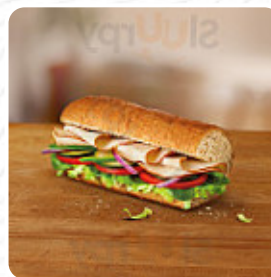




## ***Subway Menu***

<https://menulist.menu>

3340 E Lake Lansing Rd, East Lansing, United States  
+15173360510 - <http://www.subway.com>



The restaurant from East Lansing offers **120** different meals and drinks on the card at an average price of \$7.3. At Subway, *scrumptious cuisine from around the world* are freshly made for you, The tasty sandwiches, small salads and other snacks are also suitable for a snack. If you'd like something dessert for dessert, Subway does not disappoint with its good **selection of desserts**, Generally, the meals are prepared fast and fresh for you.

# Subway Menu



## Burgers

B.L.T. \$6.6

## Meat Dishes

MEATBALL MARINARA \$5.6

## Veggie Patty Sandwich

VEGGIE PATTY \$6.3

## Popular Items

GATORADE FRUIT PUNCH (140 CALS) \$2.9

## Premium Subs

STEAK CHEESE \$7.1

## Fresh Melts®

CHICKEN BACON RANCH MELT \$7.7

## Hot and Cold Subs

PIZZA SUB \$6.6

## Shareable Desserts

6 PACK COOKIE BOX (0 CALS) \$5.5

12 PACK COOKIE BOX (0 CALS) \$9.0

## Uncategorized

COLD CUT COMBO \$5.6

HAM CHEESE MELT \$6.2

## Ingredients Used

BLACK FOREST HAM \$5.6

WE HAVE \$6.6

OVEN ROASTED TURKEY HAM \$6.6

## Chicken



ROTISSERIE-STYLE CHICKEN \$7.1

SWEET ONION CHICKEN TERIYAKI \$7.1

GRILLED CHICKEN \$6.6

BUFFALO CHICKEN \$7.1

## These types of dishes are being served

OVEN ROASTED TURKEY \$6.6

CHICKEN BACON RANCH \$8.3

ROAST BEEF \$6.6

BUFFALO CHICKEN MELT \$7.7

## Sandwiches

ITALIAN B.M.T. \$6.6

VEGGIE DELITE \$5.6

STEAK CHEESE MELT \$7.7

MEATBALL MARINARA MELT \$6.2

ITALIAN B.M.T. MELT \$7.2

TUNA MELT \$6.0

OVEN ROASTED TURKEY MELT \$5.3

SPICY ITALIAN MELT \$6.3

## Drinks



COCA-COLA CLASSIC (240 CALS) \$2.9

SPRITE (230 CALS) \$2.9

VITAMIN WATER XXX (80 CALS) \$2.9

SIMPLY LEMONADE (160 CALS) \$2.9

# Subway Menu



SIMPLY ORANGE (160 CALS)	\$2.9
DASANI WATER (0 CALS)	\$2.9
CHOCOLATE MILK (170 CALS)	\$2.3
1% LOW FAT MILK (110 CALS)	\$2.3
HONEST KIDS SUPER FRUIT PUNCH (35 CALS)	\$1.8

WHITE CHIP MACADAMIA NUT (220 CALS)	\$0.9
OATMEAL RAISIN (200 CALS)	\$0.9
LAY'S DILL PICKLE (230 CALS)	\$1.7
GOGO SQUEEZ APPLE APPLE (45 CALS)	\$1.9
DOUBLE CHOCOLATE (210 CALS)	\$2.7

## Subway® Series



#3 THE MONSTER	\$8.3
#8 THE GREAT GARLIC	\$8.3
#1 THE PHILLY	\$7.4
#10 ALL-AMERICAN CLUB	\$7.1
#2 THE OUTLAW	\$7.4
#12 TURKEY CALI CLUB	\$8.6
#7 THE MEXICALI	\$8.1
#4 SUPREME MEATS	\$8.1
#6 THE BOSS	\$6.7
#11 SUBWAY CLUB	\$7.1
#9 THE CHAMP	\$7.4
#5 BELLA MOZZA	\$7.8

## Side dishes



SUNCHIPS HARVEST CHEDDAR (210 CALS)	\$1.7
CHOCOLATE CHIP (210 CALS)	\$0.9
BAKED LAY'S ORIGINAL (130 CALS)	\$1.7
LAY'S CLASSIC (240 CALS)	\$1.7
MISS VICKIE'S JALAPEÑO (210 CALS)	\$1.7
RASPBERRY CHEESECAKE (210 CALS)	\$0.9
DORITOS NACHO CHEESE (240 CALS)	\$1.7
DORITOS COOL RANCH (260 CALS)	\$1.7

## No Bready Bowls™



TUNA (550 CALS)	\$9.6
GRILLED CHICKEN (200 CALS)	\$9.6
OVEN ROASTED TURKEY (150 CALS)	\$9.6
CHICKEN BACON RANCH (760 CALS)	\$13.2
SWEET ONION CHICKEN TERIYAKI (330 CALS)	\$10.8
STEAK CHEESE (380 CALS)	\$10.8
SPICY ITALIAN (550 CALS)	\$8.1
ITALIAN B.M.T. (410 CALS)	\$9.1
B.L.T. (360 CALS)	\$9.6
BLACK FOREST HAM (170 CALS)	\$8.0
BUFFALO CHICKEN (380 CALS)	\$10.8
COLD CUT COMBO (260 CALS)	\$8.0
MEATBALL MARINARA (530 CALS)	\$8.0
OVEN ROASTED TURKEY HAM (160 CALS)	\$9.6
PIZZA SUB (620 CALS)	\$9.1
ROAST BEEF (230 CALS)	\$9.8
ROTISSERIE-STYLE CHICKEN (230 CALS)	\$10.8
VEGGIE PATTY (380 CALS)	\$8.1

# Subway Menu



## Salads



OVEN ROASTED TURKEY HAM (110 CALS)	\$9.0
CHICKEN BACON RANCH (490 CALS)	\$10.7
VEGGIE DELITE (50 CALS)	\$8.0
SWEET ONION CHICKEN TERIYAKI (250 CALS)	\$9.5
OVEN ROASTED TURKEY (110 CALS)	\$9.0
TUNA (310 CALS)	\$9.6
VEGGIE PATTY (220 CALS)	\$8.7
STEAK CHEESE (210 CALS)	\$9.5
BLACK FOREST HAM (120 CALS)	\$8.0
BUFFALO CHICKEN (300 CALS)	\$9.5
B.L.T. (210 CALS)	\$9.6
COLD CUT COMBO (160 CALS)	\$8.0
GRILLED CHICKEN (130 CALS)	\$9.0
ITALIAN B.M.T. (240 CALS)	\$9.0
MEATBALL MARINARA (300 CALS)	\$8.0
PIZZA SUB (310 CALS)	\$9.1
ROAST BEEF (150 CALS)	\$9.0
ROTISSERIE-STYLE CHICKEN (140 CALS)	\$9.5
SPICY ITALIAN (310 CALS)	\$8.1

## Wraps



STEAK CHEESE (570 CALS)	\$10.8
ROAST BEEF (500 CALS)	\$9.8
ROTISSERIE-STYLE CHICKEN (500 CALS)	\$10.8
VEGGIE DELITE (330 CALS)	\$8.0
TUNA (820 CALS)	\$9.6
CHICKEN BACON RANCH (840 CALS)	\$9.6
SWEET ONION CHICKEN TERIYAKI (590 CALS)	\$10.8
B.L.T. (620 CALS)	\$9.6
MEATBALL MARINARA (800 CALS)	\$8.0
OVEN ROASTED TURKEY HAM (440 CALS)	\$9.6
BLACK FOREST HAM (440 CALS)	\$8.0
OVEN ROASTED TURKEY (430 CALS)	\$9.6
BUFFALO CHICKEN (560 CALS)	\$10.8
COLD CUT COMBO (530 CALS)	\$8.0
GRILLED CHICKEN (470 CALS)	\$9.6
ITALIAN B.M.T. (680 CALS)	\$9.1
PIZZA SUB (720 CALS)	\$9.1
SPICY ITALIAN (820 CALS)	\$9.1
VEGGIE PATTY (660 CALS)	\$9.1

# Subway Menu



## Subway

3340 E Lake Lansing Rd, East  
Lansing, United States

### Opening Hours:

Monday 08:00 -21:00  
Tuesday 08:00 -21:00  
Wednesday 09:00 -21:00  
Thursday 08:00 -21:00  
Friday 08:00 -22:00  
Saturday 08:00 -22:00  
Sunday 09:00 -21:00

Made with [menulist.menu](https://menulist.menu)

