



Grab'n'grow Menu

<https://menulist.menu>

1939 S 8th St, 32034, Fernandina Beach, US, United States
(+1)9044328721 - <http://www.freshbitez.com/>



Here you can find the [menu](#) of Grab'n'grow in Fernandina Beach. At the moment, there are 23 menus and drinks on the card. You can inquire about *changing offers* via phone. What [User](#) likes about Grab'n'grow: the avocado toast is absolutely amazing I had several of the other elements that were always delicious? the power bank juice is my absolute favorite if you have not been here, you must! They are located where the old little Cesar's was. [read more](#). The restaurant is accessible and can therefore also be used with a wheelchair or physical limitations, Depending on the weather, you can also sit outside and eat. WiFi is available at no extra cost. What [Antonio Walker](#) doesn't like about Grab'n'grow: Protein shake delicious. Order BLT sandwich but disappointed. I'll try again with their takeout menu as Julianna is from Brazil and who knows good food better? ? [read more](#). At Grab'n'grow from [Fernandina Beach](#), there are **delicious sandwiches, small salads and other snacks** for quick hunger in between, as well as hot and cold drinks, Especially the flavorful juices are highly appreciated by the guests. You have a special event and want to enjoy the food at home? With the in-house **catering service**, that's easily doable.

Grab'n'grow Menu



10 most popular

SHAKE

Burgers

B.L.T.

Salad

CAESAR SALAD

Toast

TOAST

Sandwich, Bagels, Burger

BLT

Frische Säfte

BRAZIL

Soft drinks

JUICE

Burgers + Sandwiches

BLT SANDWICH

Beverages

JUICES

Popular Items

SMOOTHIES

Shisha

MINT

Super Foods

AVOCADO TOAST

Restaurant Category

VEGAN

Sandwiches

CHICKEN PESTO

B.L.T

Ingredients Used

AVOCADO

CHOCOLATE

CHICKEN

PESTO

These types of dishes are being served

SANDWICH

SALAD

TOSTADAS

PANINI

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States

Opening Hours:

Monday 08:00 -18:00
Tuesday 08:00 -18:00
Wednesday 08:00 -18:00
Thursday 08:00 -18:00
Friday 08:00 -18:00
Saturday 10:00 -16:00

Made with menulist.menu

Full-Time: 10am-6pm

Prep Cook \$13/h
Part-Time: 9am-1pm

**ESTAMOS
CONTRATANDO**

Lavaplatos \$11/h
Full-Time: 10am-6pm