



Sobol Menu

<https://menulist.menu>

239 Hawkins Ave, Lake Ronkonkoma, United States
(+1)6316992399,(+1)6316764672



The place from Lake Ronkonkoma offers 15 different **meals and drinks on [the menu](#)** at an average \$7.7. What [Sky Scar](#) likes about Sobol:

We love this place! The staff is super awesome, they are polite and very helpful! Their bowls are delicious and nutritious, a combo that can't be beat! They have lots of goodies for sale too! The bowls can be made Vegan They will accommodate people with allergies! Today we won a giveaway for a free bowl and topping coupon for National Açaí Bowl Day on their Instagram @SoBol_ronkonkoma [read more](#). A visit to Sobol becomes even more rewarding due to the large range of coffee and tea specialties, and you can try delicious American meals like **Burger or Barbecue**. If you decide to come for breakfast, you are offered a *hearty brunch*, Here you'll find sweet pastries and cake, small snacks and chilled refreshments and hot beverages.

Sobol Menu



Main courses

TOPPINGS

Dessert

HOT BELGIAN WAFFLE \$4.5

Main

OVERNIGHT OATS \$5.2

Milchshakes

SMOOTHIE

Waffles

WAFFLE PACKAGE \$10.8

Breakfast Menu

GRANOLA \$4.0

Featured Products

SUNSHINE SMOOTHIE \$8.6

Breakfasts

ACAI BOWL \$8.0

In a Cup

PITAYA BOWL \$9.3

Restaurant Category

VEGAN

Ingredients Used

FRUIT

Smoothies

ACAI SMOOTHIE \$8.6

PITAYA PLUS SMOOTHIE \$8.6

Popular Items

SUNSHINE BOWL \$9.3

SMOOTHIES

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239 Hawkins Ave, Lake
Ronkonkoma, United States

Opening Hours:

Monday 07:00 -20:00
Tuesday 07:00 -20:00
Wednesday 07:00 -20:00
Thursday 07:00 -20:00
Friday 07:00 -20:00
Saturday 07:00 -20:00
Sunday 07:00 -20:00

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