



## *Island Flava Menu*

<https://menulist.menu>

213 Skyline Dr, 18301, East Stroudsburg, US, United States  
(+1)5704221113 - <http://islandflava.net/>

On this homepage, you can find the complete menu of Island Flava from East Stroudsburg. Currently, there are 15 dishes and drinks up for grabs. For *seasonal or weekly deals*, please contact the restaurant owner directly.

You can also contact them through their website. What [User](#) likes about Island Flava:

the best Jamaican food I had in pennsylvania, easy on par if not better than what I had eaten in new york (and nj.) the curry goat roti is from this world. Perfectly seasoned than I asked for extra spicy. well proportional meal times and very reasonable prices, especially in consideration of the rising costs of literally everything. you will not regret coming here. I can't wait to go back! the people there work very... [read more](#). What [User](#) doesn't like about

Island Flava:

you never have the chance to try something because they don't know the transaction fee for credit cards less than \$10. they should know the fee. I don't care to pay the fee if I know how much I'm supposed to be charged, but they told me to take a chance and exchange them or buy something else that at least [read more](#). If you're hungry some **hot South American gastronomy**, you're in the right place: delicious menus, prepared with fish, sea creatures, and meat, but also corn, beans, and potatoes are in the menu, and you can try fine American dishes like **Burger or Barbecue**.

# *Island Flava Menu*



## *Sandwiches & Hot Paninis*

HAMBURGER

## *Sandwiches*

CHEESESTEAK

## *Chicken*

JERK CHICKEN

## *Indian*

ROTI

## *Main*

CALLALOO AND SALTFISH

## *Lunch Special*

BROWN STEW CHICKEN

## *Meals & Combos*

CORN MEAL

## *Breakfast Sides*

OATS

## *Other Favorites*

ACKEE AND SALTFISH

## *Condiments and Sauces*

CURRY

*These types of dishes are  
being served*

SOUP

## *Soups*

CHICKEN SOUP

RED PEAS SOUP

*Dishes are prepared with*

BEEF

PEAS

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Stroudsburg, US, United States

Made with [menulist.menu](https://menulist.menu)

### **Opening Hours:**

Monday 11:00 -18:00  
Tuesday 11:00 -18:00  
Wednesday 11:00 -20:00  
Thursday 11:00 -20:00  
Friday 11:00 -20:00  
Saturday 10:00 -20:00