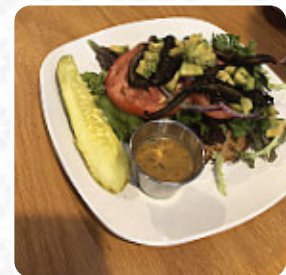
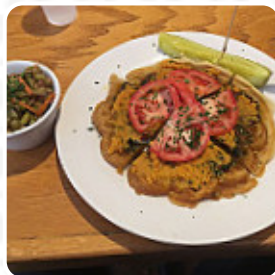
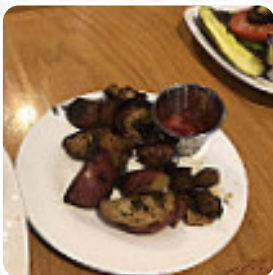




Iron Roost Menu

<https://menulist.menu>

36 Front St, Ballston Spa, New York, USA, 12020, United States
(+1)5183093535 - <http://ironroost.com>



The menu of Iron Roost from Ballston Spa includes 93 dishes. On average, dishes or drinks on the menu cost about \$6.1. The categories can be viewed on the menu below. What [User](#) likes about Iron Roost: we had breakfast here when we traveled through the opposite and loved this place. the staff was helpful and friendly. the restaurant had a great feeling, very comfortable and casual. the "Building your own" with vegan waffle battery with vegan kakaomousse, bananen and revitalized mangle was phenomenal. we also enjoyed a few vegan bakery items to go. I recommend this location updated by previous review on 2021-07-20 [read more](#). As a guest, you can use the WiFi of the restaurant free of charge, Depending on the weather conditions, you can also sit outside and eat and drink. The rooms on site are accessible, and therefore no problem for clientele with wheelchairs or physical limitations. What [User](#) doesn't like about Iron Roost: They definitely have options and try harder than others especially when it comes to breakfast. That being said I wasn't impressed with the waffles or the flavors. Also waited over an hour to eat here, make sure to use the app well in advance before you get there so you aren't waiting around forever. [read more](#). In the morning, a diverse brunch is offered at Iron Roost in Ballston Spa that you can enjoy as much as you like, and you can indulge in fine American meals like *Burger or Barbecue*. In addition to simple snacks, sweet pieces and cakes, we also serve **cold and hot drinks**, You can also discover delicious **South American** dishes in the menu.

Iron Roost Menu



Non alcoholic drinks

ICED TEA

Vegetarian

CAULIFLOWER

Toast

FRENCH TOAST \$9.0

Starters & Salads

FRIES

Hot drinks

TEA

Sweets & Desserts

YOGURT PARFAIT \$6.0

Breakfast Sides

FRENCH TOAST STICKS \$5.0

Condiments

SYRUP

Hot Drink

HOT CHOCOLATE

Coffee

COFFEE

Etc.

HOME FRIES

Drinks

DRINKS

Early Riser

EARLY RISER \$8.5

Nut Milks

ALMOND MILK

Vegan More Eats

REGULAR MENU OATMEAL \$3.5

Regular Menu More Eats

ROOST BRUNCH \$17.0

Hash Browns and Sides

OATMEAL \$3.5

Plates Brunch

WAFFLE

Salads

REGULAR MENU BUDDHA BOWL SALAD \$12.0

REGULAR MENU FARMERS GARDEN SALAD \$7.5

Gluten-Free Salads

GLUTEN-FREE FARMERS GARDEN SALAD \$7.5

GLUTEN-FREE BUDDHA BOWL SALAD \$12.0

Iron Roost Menu



Restaurant Category

GLUTEN FREE

VEGAN

Vegan Savory

REGULAR MENU CASHEW GRILL \$7.0

REGULAR MENU PORTOBELLO STACK \$9.0

REGULAR MENU HAPPY HARVEST \$10.0

These types of dishes are being served

WRAP

SALAD

ICE CREAM

Vegan Sweet

REGULAR MENU VERY BERRY SWEET \$9.5

REGULAR MENU SWEET HAZEL \$9.5

REGULAR MENU WAFFLE STICKS \$7.0

REGULAR MENU MAKE YOUR OWN SWEET \$5.0

Vegan Side Additions

REGULAR MENU HOMEMADE SOUP \$3.0

REGULAR MENU TOAST \$2.0

REGULAR MENU SEASONED HOMEFRIES \$2.5

REGULAR MENU REAL MAPLE SYRUP \$1.5

REGULAR MENU GARDEN SALAD \$3.0

REGULAR MENU FRESH FRUIT SALAD \$3.0

Regular Menu Sweet

REGULAR MENU APPLE CRISP SWEET \$8.5

REGULAR MENU BANANA FOSTER SWEET \$8.5

REGULAR MENU NUTTY #39;NANA SWEET \$8.5

REGULAR MENU HEALTHY HEART SWEET \$8.5

REGULAR MENU LEMON BERRY SWEET \$9.0

REGULAR MENU LIÈGE WAFFLE SWEET \$3.5

Gluten-Free Sweet

GLUTEN-FREE BANANAS FOSTER SWEET \$9.5

GLUTEN-FREE APPLE CRISP SWEET \$9.5

GLUTEN-FREE NUTTY 39;NANA SWEET \$9.5

GLUTEN-FREE HEALTHY HEART SWEET \$9.5

GLUTEN-FREE LEMON BERRY SWEET \$10.0

GLUTEN-FREE WAFFLE STICKS \$7.0

GLUTEN-FREE MAKE YOUR OWN SWEET \$5.0

Regular Menu Savory

REGULAR MENU FRONT STREET PHILLY SAVORY \$8.5

REGULAR MENU EGG SANDWICH SAVORY \$3.3

REGULAR MENU SOUTHWEST FIESTA \$8.0

REGULAR MENU GRILLED CHEESE SAVORY \$6.0

Iron Roost Menu



REGULAR MENU ROOST CHICKEN SALAD SAVORY \$9.0

REGULAR MENU GRILLED CHICKEN SAVORY \$8.5

REGULAR MENU DELI SANDWICH SAVORY \$7.5

Gluten-Free Savory

GLUTEN-FREE DELI SANDWICH SAVORY \$8.5

GLUTEN-FREE EGG SANDWICH SAVORY \$4.3

GLUTEN-FREE SOUTHWEST FIESTA SAVORY \$9.0

GLUTEN-FREE GRILLED CHEESE SAVORY \$7.0

GLUTEN-FREE FRONT STREET PHILLY SAVORY \$9.5

GLUTEN-FREE ROOST CHICKEN SALAD SAVORY \$10.0

GLUTEN-FREE GRILLED CHICKEN SAVORY \$9.5

Dishes are prepared with

AVOCADO

CHEESE

TOFU

STRAWBERRY

BUFFALO

MILK

CHOCOLATE

Regular Menu Side Additions

REGULAR MENU EXTRA EGG \$1.0

REGULAR MENU PORK SAUSAGE \$3.0

REGULAR MENU COLESLAW \$2.0

REGULAR MENU PASTA SALAD \$2.0

REGULAR MENU POTATO SALAD \$2.0

REGULAR MENU CHICKEN SAUSAGE \$3.0

REGULAR MENU HAM \$3.0

REGULAR MENU BACON \$3.0

Gluten-Free Side Additions

GLUTEN-FREE GARDEN SALAD \$3.0

GLUTEN-FREE HOMEMADE SOUP \$3.0

GLUTEN-FREE EXTRA EGG \$1.0

GLUTEN-FREE SEASONED HOMEFRIES \$2.5

GLUTEN-FREE SAUSAGE

GLUTEN-FREE BACON \$3.0

GLUTEN-FREE HAM \$3.0

GLUTEN-FREE REAL MAPLE SYRUP \$1.5

GLUTEN-FREE FRESH FRUIT SALAD \$3.0

GLUTEN-FREE POTATO SALAD \$2.0

Iron Roost Menu



GLUTEN-FREE COLESLAW

\$2.0

Iron Roost Menu



Iron Roost

36 Front St, Ballston Spa, New York, USA, 12020, United States

Opening Hours:
Tuesday 07:00-14:00
Wednesday 07:00-14:00
Thursday 07:00-14:00
Friday 07:00-14:00
Saturday 07:00-14:00
Sunday 07:00-14:00

Made with menulist.menu

