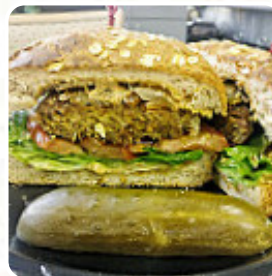
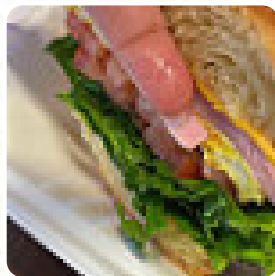




Gourmet Island Menu

<https://menulist.menu>

5625 Ruffin Rd 140, 92123, San Diego, US, United States
(+1)8582687717 - <http://www.gourmetislandcatering.com>



The **menu of Gourmet Island** from San Diego includes 28 dishes. On average, *dishes or drinks on [the card](#)* cost about \$6.1. The categories can be viewed on the menu below. What [User](#) likes about Gourmet Island: service was great and very friendly. some employees and I went here for the first time and we all love eating. it didn't take long to eat after the order was ready. many options to choose from in the menu. highly recommended! [read more](#). The restaurant and its rooms are wheelchair accessible and thus usable with a wheelchair or physiological disabilities, Depending on the weather conditions, you can also sit outside and have something.

What [User](#) doesn't like about Gourmet Island:

Rude. Chef mike? Why are they using microwaves to heat things? I hope my breakfast burrito tastes good. Edit: the tortilla is extremely chewy and undercooked. Tortilla heated in microwave. Why? Might as well have bought a microwaveable burrito from the supermarket. [read more](#). Do you want your food right away? Then the selection of prepared delicacies is exactly the ideal solution for you, there are also delicious vegetarian meals in the menu. Here they also grill South American fresh fish, meat, as well as corn and rice, You can also unwind at the bar with a **freshly tapped beer** or other alcoholic and non-alcoholic drinks.

Gourmet Island Menu



Soups

LINSENSUPPE

Eggs & Pancakes

OMELETTE

Salad

THAI CHICKEN SALAD \$9.0

Burritos

BEAN AND CHEESE BURRITO \$3.8

Veggie

VEGGIE SANDWICH

Main

CREATE YOUR OWN OMELET \$6.8

Breakfast Menu

GRANOLA

Healthy Choice Omelets

HEALTHY VEGGIE OMELET \$7.8

Uncategorized

POTATO, EGG AND CHEESE BURRITO \$4.5

Breakfast

HASH BROWN

BREAKFAST SANDWICH

Restaurant Category

VEGETARIAN

VEGAN

These types of dishes are being served

PANINI

SOUP

Sandwiches

MCRUFFIN ON AN ENGLISH MUFFIN \$4.5

PEANUT BUTTER AND JELLY SANDWICH \$4.5

THE VEGGIE

Salads

LETTUCE

GARDEN SALAD \$4.2

CHEF SALAD \$7.3

CHINESE CHICKEN SALAD \$9.0

Dishes are prepared with

CHILI

PAPRIKA

MEAT

BACON

POTATOES

ONIONS

Gourmet Island Menu



Gourmet Island

5625 Ruffin Rd 140, 92123, San Diego, US, United States

Opening Hours:

Monday 06:00-14:00

Tuesday 06:00-14:00

Wednesday 06:00-14:00

Thursday 06:00-14:00

Friday 06:00-14:00

Made with menulist.menu

