



Tropical Smoothie Cafe

## Tropical Smoothie Cafe Menu

<https://menulist.menu>

9664 Charlotte Hwy, SC 29707-7116, United States, Fort Mill

(+1)8035480080 - <https://locations.tropicalsmoothiecafe.com/sc/indian-land/9695-redstone-drive>



The restaurant from Fort Mill offers 60 different meals and drinks on the menu at an average price of \$6.7. What [User](#) likes about Tropical Smoothie Cafe:

amazing food and worth a smoothie for just is a great worth. the chipotle chicken club flatbread was spectacular and I want the sauce to be home. the personal was phenomenal and eating and smoothie quickly came out, although they were super packed. the vibe is modern and casual with table and counter seat available. I tried the sunrise sunset w pfirsich . the mocha cappuccino smoothie was delicious as the bahama mama... [read more](#).

What [User](#) doesn't like about Tropical Smoothie Cafe:

I bought a detoxe island smoothie today and I had never had problems before I went today and began to drink my smoothie and notice blonde haare in my mouth drinking straight haare, which is unacceptable and disgusting,

I called the place to let her know that she doesn't even answer the phone. I wouldn't recommend this place again, that's not cool it at all not busy to answer the phone if it's like 4-5 ppl working the... [read more](#). Tropical Smoothie Cafe from Fort Mill is a cozy café, where you can have a small snack or cake with a **hot coffee or a sweet chocolate**, There are also tasty **South American** meals in the menu. If you have not much hunger, you can treat yourself to one of the delicious *sandwiches*, a small salad or another snack, Among the guests, especially delicious juices are highly sought after.

# Tropical Smoothie Cafe Menu



## Salads

BEACH CLUB \$10.7

## Dipping sauce

JALAPEÑO CORN \$2.3

## Sandwiches

CHICKEN PESTO \$8.6

## Wraps

CARIBBEAN JERK CHICKEN \$10.0

## Drinks

DASANI \$2.8

## Starters & Salads

POTATOE CHIPS \$1.3

## Side Orders

CHEESE QUESADILLA \$5.4

## Breakfast

SOUTHWEST WRAP \$5.0

## Cocktails

BAHAMA MAMA \$8.3

## Thai specialties\*

THAI CHICKEN \$10.0

## Hot Specialty Subs

TURKEY BACON RANCH \$10.3

## Soda/energy drinks

SPRITE 20 OZ \$2.9

## Classic cookies

SNICKERDOODLE COOKIE \$2.0

## Bottled Beverages

COCA-COLA ZERO SUGAR 20 OZ \$2.9

## Daily Food Table

WHOLE FRUIT \$1.8

## NEW! SALADS

SUPERGREEN CAESAR \$10.7

## Kid's Food & Smoothies

12 OZ. AWESOME CHOCOLATE \$4.4

## Low RB Rio's

SANTA FE CHICKEN \$7.8

## All-Natural Chicken

BAJA CHICKEN \$10.0

## BALANCED FUSION SMOOTHIES

LEAN MACHINE \$8.3

## FRUIT BLEND SMOOTHIES

BLUEBERRY BLISS \$7.7

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## *These types of dishes are being served*

CHICKEN BACON RANCH \$8.6

## *Uncategorized*

CHIA BANANA BOOST \$8.3

## *Smoothies*

MANGO MAGIC \$7.7

PARADISE POINT \$7.7

## *Chicken*

BUFFALO CHICKEN \$10.0

CHICKEN CAPRESE \$10.3

## *Dessert*

PEANUT BUTTER CUP \$8.3

CHOCOLATE CHIP COOKIE \$2.0

## *All Day Breakfast*

ALL AMERICAN WRAP \$5.0

PEANUT BUTTER BANANA CRUNCH FLATBREAD \$6.7

## *Signature wraps and bowls*

SUPERGREEN CAESAR CHICKEN \$10.0

HUMMUS VEGGIE \$10.0

## *SIDES AND COOKIES*

MAPLE-KISSED SWEET POTATOES \$2.3

KALE APPLE SLAW \$1.5

## *Kids*

12 OZ. LIL 'LIMEBERRY \$4.4

12 OZ JETTY JUNIOR \$4.4

TURKEY CHEDDAR WRAP \$5.4

## *Beverages*

MOCHA MADNESS \$8.3

COCA-COLA 20 OZ \$2.9

GOLD PEAK SWEET TEA \$3.3

## *Popular Items*

THREE CHEESE CHICKEN \$6.6

CHIPOTLE CHICKEN CLUB \$8.6

BEACH BUM \$8.3

## *Classic smoothies*

SUNRISE SUNSET \$7.7

KIWI QUENCHER \$7.7

JETTY PUNCH \$7.7

BLIMEY LIMEY \$7.7

## *Featured Products*

SUNSHINE SMOOTHIE \$8.2

EDIBLE STRAWBERRY STRAW \$1.3

MANGO BACON BRIE FLATBREAD \$9.3

MANGO BERRY COSMO \$9.0

EDIBLE LIME STRAW \$1.3

## *Superfood Smoothies*

POMEGRANATE PLUNGE \$8.3

ACAI BERRY BOOST \$8.3

DETOX ISLAND GREEN \$8.3

# ***Tropical Smoothie Cafe Menu***



**PEANUT PARADISE**

**\$8.3**

**AVOCOLADA**

**\$8.3**

**TRIPLE BERRY OAT**

**\$8.3**

**ISLAND GREEN**

**\$8.3**

# ***Tropical Smoothie Cafe Menu***



## ***Tropical Smoothie Cafe***

9664 Charlotte Hwy, SC 29707-7116, United States, Fort Mill

### **Opening Hours:**

Monday 07:00 -21:00  
Tuesday 07:00 -21:00  
Wednesday 07:00 -21:00  
Thursday 07:00 -21:00  
Friday 07:00 -21:00  
Saturday 08:00 -21:00  
Sunday 08:00 -21:00

Made with [menulist.menu](https://menulist.menu)

