



Hero Haven and More Menu

<https://menulist.menu>
478 Neighborhood Road, Shirley, United States
(+1)6313993802

The Card of Hero Haven and More from Shirley contains about 175 different meals and drinks. On average, you pay for a dish / drink about \$11.1. What User likes about Hero Haven and More: Always worth the trip from N. Shirley. The heros are generously stacked with meat .My favorite is the Italian Stallion ? I've been a customer since they opened. If I'm going to the beach or fishing I always get my sandwiches here. The owner is friendly and always treats you as a friend. I highly recommend this fine establishment. [read more](#). What User doesn't like about Hero Haven and More: Very good food, but place was dead and it took nearly 30 minutes for my sandwich, it was difficult to not be insulted by how slowly they were moving around the kitchen and I could see another customer who waited 20 minutes for a bacon egg and cheese noticeably annoyed.Food: 4/5 [read more](#). For guests of the restaurant, the **catering service** is also available, Besides the tasty *sandwiches*, healthy salads and other snacks also make a good snack. Naturally, they also serve you with tasty [pizza](#), baked fresh in traditional style.

Hero Haven and More Menu



Extras

GARLIC KNOTS

Starters & Salads

FRENCH FRIES

Chicken

CHICKEN NUGGETS \$2.0

Chicken dishes

CHICKEN FINGERS

Fingerfood

BUFFALO WINGS

Panini

GRILLED CHICKEN AND BROCCOLI PANINI \$10.0

Burgers

BURGER PLATTER \$11.0

Kraut & Rüben

MAC AND CHEESE \$2.0

Al Forno*

LASAGNA \$12.0

Appetizer

ZUCCINI STICKS

Fusion Rolls

BUFFALO ROLL \$11.0

Individual Pizza

PAN PIZZA \$15.0

Calzone

CALZONE \$9.0

Paninis

GRILLED EGGPLANT PANINI \$10.0

French Fries

CHEESE FRIES

Seafood

STUFFED SHELLS \$12.0

Gyros

GYROS \$8.0

Classics

PENNE A LA VODKA WITH CHICKEN \$15.0

Pizza Menü

PHILLY STEAK PIZZA

Kids Meal

KIDS MEAL \$10.0

Beverages

HOMEMADE ICED TEA

Stuffed Rolls

CHICKEN PARMIGIANA ROLL \$11.0

Hero Haven and More Menu



Burgers and Sandwiches

CHICKEN PARMESAN HERO \$12.5

sandwiches

BUFFALO BILL WRAP \$10.0

Specialty Pizza

CHICKEN AND RICOTTA PIZZA

9" Small Pizzas

TOMATO AND GARLIC PIZZA

Specialty Pies

STUFFED VEGETABLE PIE \$25.0

Get Started

7 PIECE BREADED MOZZARELLA STICKS \$9.0

Late Nite Snacks

QUESADILLAS WITH CHICKEN \$10.0

Hot Heroes

SHRIMP PARMESAN HERO \$13.5

Veal Entrees

VEAL FRANCESE PASTA \$16.0

Baked Pasta Dishes

VEAL PARMIGIANA PASTA \$16.0

Pasta al Forno / Baked Pasta

BAKED ZITI \$10.5

Rolls and Calzones

SAUSAGE AND PEPPERONI ROLL \$11.0

Picked for You

PASTA WITH CHICKEN AND MUSHROOM \$13.0

Bambini Menu

PASTA WITH MEATBALLS \$10.0

Pasta and Sauces

BROCCOLI, GARLIC AND OIL PASTA \$12.0

Etc.

HOME FRIES

Cold Antipasti

FRESH MOZZARELLA SALAD \$12.5

Heroes & Wraps

VEAL PARMESAN HERO \$13.5

Specialty Pizzas (Italian-Cuisine)

EVERYTHING PIE

Specialty Garden Salads

BUFFALO SOLDIER SALAD \$11.5

Gourmet Wrap & Sandwiches

THE FIESTA WRAP \$10.0

Hero Haven and More Menu



Showcase Specials

CHICKEN AND BROCCOLI ROLL \$9.0

Burgers Additions

BEEF PATTY \$4.0

Sicilians

MARINARA SICILIAN PIZZA \$22.0

Specialty Pizza (Large Only)

CHICKEN PARMIGIANA PIZZA

Tivoli Salads

CAJUN CHICKEN SALAD \$11.0

Traditional Crust Specialty Pizzas

CHICKEN BACON RANCH PIZZA

Luncheon Special Combo

GRILLED CHEESE PLATTER \$7.0

TOTALLY RAD PIZZA

CEASAR SALAD PIZZA

Restaurant Category

ITALIAN

These types of dishes are being served

SALAD

Side dishes

ONION RINGS

SWEET POTATO FRIES

Rolls

MEATBALL ROLL \$10.0

BBQ CHICKEN ROLL \$11.0

Main Course

EGGPLANT ROLLENTINI \$10.5

HOMEMADE ANGUS BURGER \$2.0

Wrap

VEGETARIAN DELIGHT WRAP \$10.0

THE ITALIAN

Breakfast Specials

1. TWO EGGS PLATTER WITH MEAT \$9.3

2. TWO EGGS TO YOUR LIKING PLATTER \$9.3

Whole Pizza Pies

BAKED ZITI PIZZA

GRANDMA PIZZA \$20.0

Uncategorized

KNISHES \$4.0

STUFFED MEAT PIE \$27.0

Popular Items

ZEPOLI

HUNGRYMAN SPECIAL \$13.0

BONELESS WINGS \$11.0

Hero Haven and More Menu



Dinners

CHICKEN MASRSALA PASTA	\$14.0
PASTA WITH VEAL AND MUSHROOM	\$15.0
EGGPLANT ROLLENTINI PASTA	\$13.0

Value Menu

1 EGG, 1 MEAT AND CHEESE	\$2.0
SARBETT HOT DOG	\$2.0
MEDIUM SLICE	\$2.0

Grilled Toastaed Paninis

HAM AND FRESH MOZZARELLA PANINI	\$10.0
GRILLED CHICKEN WITH LETTUCE AND TOMATO PANINI	\$10.0
LETTUCE, TOMATO AND FRESH MOZZARELLA PANINI	\$9.0

Appetizers

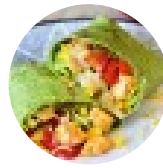
6 PIECE FRIED RAVIOLI	\$10.0
BUFFALO CHICKEN QUESADILLA	\$11.0
6 PIECE CHICKEN FINGERS	\$10.0
ZUCCHINI STICKS	

Sandwiches

GRILLED CHICKEN PANINI	\$10.0
1 EGG SANDWICH	\$5.8
2 EGG SANDWICH	\$7.3
EGGPLANT PARMESAN HERO	\$13.5

Wraps

CHICKEN CAESAR WRAP	\$13.0
RANCH GRILLED WRAP	\$13.0



TURKEY CLUB WRAP	\$13.0
BLT WRAP	\$10.0

Starters

RICE BALLS	\$5.0
MAC AND CHEESE BALLS	\$5.0
CHICKEN FRANCESE PASTA	\$14.0
PASTA WITH VEAL AND PEPPERS	\$15.0
STEAK QUESO	\$12.0

Calzones, Garlic Knots & Rolls

BROCCOLI ROLL	\$10.0
SPINACH ROLL	\$10.0
PEPPERONI ROLL	\$10.0
EGGPLANT ROLL	\$11.0
STROMBOLI ROLL	\$11.0

Dishes are prepared with

MEAT
CHEESE
BACON
EGG
CHICKEN
POTATOES

Salads



FRESH MOZZARELLA AND TOMATO	\$11.0
CAESAR SALAD	\$11.0
CHEF SALAD	\$13.0
GARDEN SALAD	\$11.0
GRANDMA'S ANTIPASTI SALAD	\$12.5

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GREEK SALAD	\$12.5
TACOS	\$2.0
POTATO SALAD	

Pasta



RAVIOLI	\$10.5
PASTA WITH SAUSAGE	\$10.0
GARLIC AND OIL PASTA	\$8.0
TOMATO SAUCE PASTA	\$9.0
MARINARA SAUCE PASTA	\$9.0
CHICKEN PARMIGIANA PASTA	\$13.0
VEAL MARSALA PASTA	\$16.0
EGGPLANT PARMIGIANA PASTA	\$12.0
FETTUCCHINE ALFREDO	\$12.0
BUTTER PASTA SAUCE	\$8.5
PENNE A LA VODKA	\$12.0
PENNE A LA VODKA WITH SHRIMP	\$16.0
SPAGHETTI BOLOGNESE	\$12.0

Pizza



ANTIPASTO PIZZA	
MEAT LOVERS PIZZA	
WHITE WITH PEPPERONI PIZZA	
WHITE WITH SPINICH PIZZA	
CHICKEN AND MUSHROOM PIZZA	
STUFFED CHICKEN 16" PIZZA	\$27.0
SUPREME MEAT PIZZA	
CHEESE PIZZA	
SICILIAN PIZZA	\$16.0
BROOKLYN PIZZA	\$17.0
CHICKEN AND FRESH TOMATO PIZZA	
EGGPLANT AND RICOTTA PIZZA	

MARGHERITA PIZZA	
VEGETABLE PIZZA	
SALAD PIZZA	
GREEK SALAD PIZZA	
BUFFALO CHICKEN PIZZA	
BBQ CHICKEN PIZZA	
HAWAIIAN PIZZA	
PIZZA HERO	\$12.5

Heroes

H1. THE HAVEN HERO
H2. CHICKEN CORDON BLEU HERO
H3. THE TEXAN HERO
H4. NEW ORLEANS HERO
H5. CHICKEN CLASSIC HERO
H6. DOUBLE DELUXE HERO
H7. THE REUBEN HERO
H8. PHILLY CHEESE STEAK HERO
H9. CHICKEN CUTLET CLUB HERO
H10. THE NEW YORKER HERO
H11. THE BUMBLE BEE HERO
H12. MOMMA'S MEATBALL HERO
H13. LITTLE ITALY HERO
H14. THE SLIM HERO
H15. ALL AMERICAN CLUB HERO
H16. ITALIAN STALLION HERO
H17. BROTHER IN LAW HERO
H18. TURKEY CLUB HERO
H19. GOODFELLAS HERO
H20. CLASSIC STEAK HERO
H21. BABY BACK HERO
H22. CASTRO HERO

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H23. STRONG ISLAND HERO

H24. BELLA HERO

H25. A1 HERO

H26. VIRGINIA HERO

H27. CHICKEN PHILLY HERO

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478 Neighborhood Road, Shirley,
United States

Opening Hours:

Monday 09:00 -22:00
Tuesday 09:00 -22:00
Wednesday 09:00 -22:00
Thursday 09:00 -22:00
Friday 09:00 -22:00
Saturday 09:00 -22:00
Sunday 09:00 -22:00

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