



Soul Vegetarian East Menu

<https://menulist.menu>

205 East 75th St. Chicago, IL 60619-2215, United States
(+1)7732240104 - <https://www.originalsoulvegetarian.com>



The menu of Soul Vegetarian East from Chicago includes 62 dishes. On average, dishes or drinks on the menu cost about \$6.3. The categories can be viewed on the menu below. What [C Kidda DaHairNinja](#) likes about Soul Vegetarian East:

This place never misses the target. Food is ridiculously fresh. Hot. Green and lean! I did discover that the natural drinks in the cooler are very high in sugar so be careful. Drink it responsibly but the bbq ribs are awesome. The Mac and cheese is amazing and the desserts are awesome. The apple pie could use a bit more sugar but ig that's why it's vegan. But hands down. The best vegan food I think I've ever had. Fa... [read more](#). If you're craving some **spicy South American cuisine**, you've come to the right place: tasty menus, cooked with fish, seafood, and meat, though corn, beans, and potatoes are also in the menu, **delectable vegetarian menus** are also in the menu available. As a rule, most courses are prepared in a short time for you and served, and you have the opportunity to try scrumptious American meals like *Burger or Barbecue*.

Soul Vegetarian East Menu



Soups

SOUP OF THE DAY \$3.5

Oriental dishes

FALAFEL \$7.3

Vegetarian

STIR FRIED VEGETABLES \$6.5

Extras

SOY ICE CREAM \$2.0

Wraps

GRILLED VEGGIE WRAP \$7.8

A la carte

FRESH CUT FRIES \$2.5

Side Orders

ANY SIDE ORDER \$5.0

Fingerfood

BATTERED ONION RINGS \$4.0

Specialties

SUNRISE SANDWICH \$6.5

Appetizer

BATTERED TOFU TIDBITS \$6.5

Ohne Beef? Burger

SLOPPY JOE \$7.3

Dinner

THE DINNER SPECIAL \$11.5

Side Order

BROWN RICE \$3.5

Bread

BISCUITS \$4.0

Beverages

CUP OF TEA \$1.5

Munchies

COMBINATION BASKET \$12.0

Sunday

SUNDAY SUPPER \$13.5

Tastes

FALAFEL PLATTER \$10.0

Salads and Side Orders

PITA BREAD \$1.2

Patters

BBQ TWIST PLATTER \$12.5

Starter - Always at the Portuguese Table

CORN BREAD \$1.3

Soul Vegetarian East Menu



Toast - Cereals - Pastries

WHOLE WHEAT TOAST \$1.5

Pastries and Desserts- Breakfast

FRUIT SUNDAE \$5.8

These types of dishes are being served

PANCAKES \$3.5

Dessert

ASSORTMENT OF VEGAN CAKES
AND PIES \$7.3

SOUL VEGETARIAN PIES \$4.8

Baskets

BATTERED TOFU

BATTERED STEAK

Lunch Time

STEAMED VEGGIES (SERVED WITH
GARLIC SAUCE) \$8.5

PRINCE'S PLATTER (LUNCHEON
SPECIAL) \$9.5

Entrees

NOODLE STIR KAI \$9.0

DOWN HOME GREENS \$5.5

Soup Or Salad

CARROT SUPREME SALAD \$3.0

CHIK'N SALAD \$12.5

Salad Dressings

PRINCE (OUR HOUSE DRESSING) \$1.5

CREAMY GARLIC OR CUCUMBER \$1.3

Salads



GARDEN SALAD \$3.5

SALAD BAR \$12.0

CHEF SALAD \$11.0

Breakfast

RIGHTEOUS SIDE OF THE BED
BREAKFAST SPECIAL \$10.0
(SATURDAY)

BREAKFAST SUNDAY'S CAMEO \$10.0

SCRAMBLED TOFU \$5.0

Appetizers

BBQ PROTEIN TIDBITS \$6.0

BATTERED MUSHROOMS

BUFFALO TOFU WINGZ \$8.5

NACHOS-N-CHEESE \$7.0

Side dishes

BATTERED CAULIFLOWER \$7.5

BREAKFAST PATTIES \$3.0

HOMESTYLE GRITS \$2.0

HEBREW TOAST \$3.5

HEAVENLY HASH BROWNS \$2.5

SEASONED FRIES \$3.5

Sandwiches

DOWN-SOUTH BBQ TWIST
SANDWICH (NOTE: CONTAINS
PEANUTS) \$7.8

Soul Vegetarian East Menu



GARVEY BURGER	\$7.3	BREADED TOFU SANDWICH	\$6.8
BLACK EYE PEA BURGER	\$7.8	HANDBURGER	\$6.8
VEGGIE GYROS	\$7.3	CARROT SUPREME	\$6.8
JERKFU WRAP	\$7.8	EAST COAST BBQ ROAST SANDWICH	\$7.3
GRILLED PORTABELLA	\$9.3		

Soul Vegetarian East Menu



Soul Vegetarian East

205 East 75th St. Chicago, IL
60619-2215, United States

Opening Hours:

Monday 11:00-20:00
Tuesday 11:00-20:00
Wednesday 11:00-20:00
Thursday 11:00-20:00
Friday 11:00-22:00
Saturday 08:30-22:00
Sunday 08:30-20:00

Made with menulist.menu

