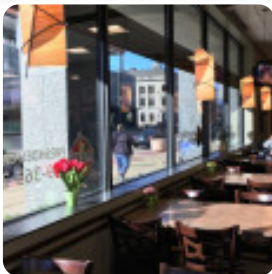




Fresh Deli & Grill Menu

<https://menulist.menu>

200 1st St SE STE 125 Cedar Rapids, IA 52401-1409, United States
 (+1)3193632995



paninis on the site
 & \$14.99
 ily of fresh cut
 oval fruits

panade Soup
 : 3.49 Bowl: 4.98

IS MENU: 4.98
 pasta, soup items served
 house-roasted cheese

id/fresh
 pgs with fresh onions and
 or of bacon or sausage
 avocado and eggs

id/ Cheese quesadilla
 of Cheese
 New England (2.00)
 ay or Ham Sandwich

SEITE:
 1.75
 1.75

Brewed drinks
 price as marked

SMOOTHIES
 Regular 3.75 Large 4.25

COFFEE
 Fresh Roasted Coffee
 (Refillable vinyl 55oz)
 Sm 1.99 Med 2.19 Lg 2.41

Milk Sm 1.70 Regular 1.9

Mop Top 1.99

Chai Tea Lettuce
 Sm 0.39 Med 0.68 Lg 0.98

Hot Chocolate
 Sm 2.49 Med 2.79 Lg 3.08

Steamer
 Sm 2.50 Med 3.29 Lg 3.9

ESPRESSO BEVERAGE
 Caffe Latte
 Sm 3.45 Med 3.88 Lg 4.4

and staple maps.

icken Bacon Avocado Panini \$4.99
 16oz chicken breast, factory smoked bacon, avocado, provolone
 wed, spinach and cheddar on roll.

Red Ham and Cheese \$3.99
 a choice of cheese with our best ham.

ring Reuben 1.29
 sliced turkey breast, sauerkraut, Swiss cheese and Thousand
 and dressing on rye bread.

ngy Tano Sandwich 1.29
 1/2 mayo, pickles, onion, spinach and lemon juice.

T Wrap 3.99
 spicy smoked turkey, lettuce, tomatoes, mayo and bacon slice.

utwheel Turkey Wrap 7.99
 key breast, pepper jack cheese, avocado, lettuce, tomato, onion
 pickle mayo and Caesar salad in a jalapeno cheese wrap.

at, tomato, basil, mozzarella and parmesan in a spinach herb wrap.

add Your Own Deli Sandwich or Wrap \$9.99
 ultra low cost! add 1.00 chicken and larger add .50
 slice of 1 meat, 1 cheese and unlimited veggie & spinach.
 \$.50 for extra cheese, avocado, hummus or soft sauce.

Roll	Cheese	Veggies
any	Cheddar	Tomatoes
in	Provolone	Onions
ed Beef	Pepper Jack	Cucumbers
sa Salad	Swiss	Peppers
con	Swiss	Banana Pepp
Red Chicken Breast	Spreads	Lettuce
Red Chicken Breast	Mayo	Spinach
		Avocado

Here you can find the [menu](#) of Fresh Deli & Grill in Cedar Rapids. At the moment, there are **21** courses and drinks on the menu. You can inquire about seasonal or weekly deals via phone. What [Angela Ross](#) likes about Fresh Deli & Grill:

Ok everyone, listen up! This place right here has the best turkey spinach wrap EVER!! 86 the bacon and add extra avocado and you'll be closer to heaven! No doubt!!! [read more](#). When the weather conditions is nice you can also eat outside. Do you dislike waiting for your food?! Then the selection of prepared *delicacies* is exactly what you're looking for for you, Also, the drinks menu at this place is exceptional and offers a significant and comprehensive assortment of both local and international beers, which are definitely worth a try. You have the option to, after the meal (or during it), also relax at the bar with an alcoholic or non-alcoholic drink, but also the Greek dishes are well received by the customers of the restaurant.

Fresh Deli & Grill Menu



Salads

GREEK SALAD

Sandwiches & Hot Paninis

BURRITO

Sandwiches

TURKEY CHIPOTLE CLUB

Wraps

CHICKEN BLT WRAP

Starters

HOMEMADE SOUP

Sweets & Ice

COOKIES

Pastries

BUTTER CROISSANTS

Sweets & Desserts

YOGURT PARFAIT

Entrees

GYRO

Breakfast Combos

BREAKFAST BURRITO

Coffee Bar

FRESH ROASTED COFFEE

Espresso Drinks

STEAMER

The Grill Room

TURKEY REUBEN

Restaurant Category

GREEK

Dishes are prepared with

BACON

AVOCADO

SPINAT

These types of dishes are being served

TURKEY

WRAP

SALAD

PANINI

Fresh Deli & Grill Menu



Fresh Deli & Grill

200 1st St SE STE 125 Cedar
Rapids, IA 52401-1409, United
States

Opening Hours:
Monday 07:00 - 15:00
Tuesday 07:00 - 15:00
Wednesday 07:00 - 15:00
Thursday 07:00 - 15:00
Friday 07:00 - 15:00

Made with menulist.menu

Arbuz on the side

6 Baked 3.99
1/2 of fresh cut
oral fruits

Minestrone Soup
: 3.49 (Soup) 4.99

PIZZA MENU 4.99

crust, 1/2 cup fresh tomato
sauce, mozzarella cheese,
olive oil
top with fresh tomatoes and
onion, bacon or sausage,
peppers and eggs
with Cheese, mushrooms
or Cheese
from Pizzeria (2.00)
any or more Sandwich

DESSERTS

chocolate 1.79
vanilla 1.79
any or more 1.79

Beverage drinks

price as marked
SAKÉ/OTHER
Regular 3.79 Large 4.29

COFFEE

Fresh Roasted Coffee
(Selection only daily)
Sm 1.99 Med 2.19 Lg 2.49

Hot Tea 1.99 Regular 1.99

Hot Tea 1.99

Citrus Tea Lettuce
Sm 2.99 Med 3.99 Lg 3.99

Hot Chocolate
Sm 2.49 Med 2.79 Lg 3.09

Blender
Sm 2.99 Med 3.29 Lg 3.59

ESPRESSO BEVERAGE

Cappuccino
Sm 3.49 Med 3.99 Lg 4.49